

## **LECTURE #3 NOTES**

### **OBJECTIVES**

- Learn differences between a discipline and profession
- What is a professional Exercise Physiologist
- Should an exercise physiologist be licensed?
- What is the American College of Sports Medicine
- List potential jobs for a professional exercise physiologist

### **What is Kinesiology**

## **Discipline v Profession**

### **The Discipline**

### **What's in a Name?**

### **Professions Based on Discipline**

### **Professional Exercise Physiologist**

### **Certification/Licensure**

## **American College of Sports Medicine**

## **Jobs for an Exercise Physiologist**