

THE CIRCLE



**NATIVE AMERICAN RESOURCE GUIDE
UNIVERSITY OF MICHIGAN**

Welcome to the University of Michigan! *The Circle* is a resource manual designed to help you get the most out of your University of Michigan experience. Inside, you'll find a history of Natives at UM, information about student organizations, the Native American Studies minor, the Ojibwe language program, and more! Also, keep an eye out for "Fun things to do at the U" for fun things to do(!), and "Faculty Focus," for information on some of the Native faculty here at the University of Michigan. Have fun, study hard, and please join us for Native events throughout the year. Whether you want to help plan the pow wow or hang out at a drum social, there's something NDN for you at the University of Michigan!

Your guide to what's inside

- 01 Welcome**
- 02 Land gift and tuition waiver**
- 03 Birth of Pow Wow**
- 04 Native American Studies Minor**
- 05 Ojibwe Language (Anishinaabemowin) Program**
- 06 Student Organizations**
- 07 Health and Wellness, Part I**
- 08 Health and Wellness, Part II**
- 09 Tips for Academic Success**
- 10 Where to go for help**
- 11 Resources**
- 12 Acknowledgements**

Land Gift

In 1817, the Ojibwe, Odawa, and Potawatomi, Shawnee, and Wendat (Huron), inhabited most of what is now Michigan's Lower Peninsula. In the fall of that year, a treaty was signed between Michigan's Territorial Governor, Lewis Cass, and the Native tribes. In the treaty process, Governor Cass persuaded the Natives to cede 3840 acres of land, half of which was earmarked for St. Anne's Church, and half for "a college at Detroit" in which the Natives would be eligible to enroll.

While the territory had planned for a statewide school system centered on a university, no specific funds were allocated and no officers were appointed. The territorial government needed to formalize the plans to ensure eligibility for the university land. Judge Augustus Woodward, Father Gabriel Richard, and Reverend John Monteith finally drafted the act that founded the University of Michigan. The government appointed officers and commissioned a building in Detroit in 1821, but no classes were held due to the lack of qualified students.

In 1837, land developers in Ann Arbor offered 40 acres on the edge of town as a new home for the University. The original Native land gift was sold and Michigan courts have since held that the proceeds of that sale remain part of the permanent endowment of the University of Michigan.



Tuition Waiver

The Michigan Indian Tuition Waiver program provides free tuition for Native American students who are residents of the state and who are attending a Michigan public university. In order to qualify for the program, students must be certified by their own tribal organization or home Bureau of Indian Affairs Agency as being at least one-quarter North American Indian. For more information, go to <http://www.itcmi.org/>.

Also, you may contact Nancy Roy who handles the tuition waiver at UM by email (nancyroy@umich.edu) or by phone (734 763 4306).



Fun thing to do at the U: Festifall and Northfest

Festifall and NorthFest are opportunities to learn about the 1,000 plus student organizations at the University of Michigan. These two events occur each Fall semester on both the Diag and the North Campus Diag.

Festifall: 9/4/08 on the Diag
NorthFest: 9/11/08 on the North Campus Diag

In 1972, the local Native community held the first Ann Arbor Pow Wow in a field just outside of town. It continued on as a small traditional powwow to raise funds for the newly created, Native American Student Association. Over time, the Ann Arbor "Dance for Mother Earth" Pow Wow has become one of the most celebrated gatherings of Native American and First Nations peoples. It attracts numerous well-known and established dancers, singers and artists, as well as thousands of spectators. For the past three decades, the Ann Arbor Pow Wow has provided a wonderful opportunity to learn about and experience the culture and the peoples of our Turtle Island. For the past several years, the Pow Wow has been held at the University of Michigan's Crisler Arena due to its growth in popularity.

<http://www.umich.edu/~powwow>

Each year, students, faculty, staff, and community members work together to plan and put on the pow wow. If you are interested in being part of pow wow planning or want to volunteer for this year's pow wow, please contact aium@umich.edu



Grand Entry, Dance for Mother Earth Ann Arbor Pow Wow, 2007. Crisler Arena, University of Michigan

The University of Michigan founded a **Native American Studies (NAS)** program within the Program in American Culture in 1983, but only in recent years has it had the human and financial resources to make an impact on the campus. In 2004, Nickole Fox became the first student ever to graduate with a Native American Studies Minor at the University of Michigan. The program has grown rapidly since then. It now has ten faculty members with tenure-track or tenured appointments.

The program places American Indians at the center of broader inquiries into the nature of human confrontation with intrusive power. Faculty and students work together to explore, through the humanities and the social sciences, varieties of Native Americans' experiences and the centrality of Indians to American history, literature, religion, politics, law, economics and the list goes on.

The Native American Studies Program organizes conferences, seminars and public events in American Indian Studies. It offers an Interdisciplinary minor in Native American Studies (15 credits, total).

Please visit <http://www.lsa.umich.edu/ac/native> for more information.

Sample course offerings

From the Program in American culture within the NAS Minor from the past several years

- 216, 217 Native American Studies
- 223 Elementary Ojibwa
- 262 Introductory Study of Native Religious Traditions
- 301 Native American Feminism
- 310 Blacks, Indians, and the Making of America
- 316 Native American Peoples of North America
- 322 Intermediate Ojibwa
- 323 Intermediate Ojibwa
- 367 American Indian History
- 328 Native American Literature
- 417 Contemporary Native American Women Writers
- 422 Advanced Ojibwa
- 423 Advanced Ojibwa
- 428 Native American Literature
- 461 Language Culture and Society in Native North America
- 496 Seminar: Native American Mental Health
- 498 Seminar: Native American Autobiography
- 498 Seminar: Native American Women Writers

Fun thing to do at the U: Michigan Football

<http://www.mgoblue.com/>



The Program in American Culture serves as the home unit for instruction in the Ojibwe language (**Anishinaabemowin**) and culture at U-M. Students who are interested in learning the Ojibwe language and history may do so through a six-course sequence.

More information about the Ojibwe language and culture program may be found at its website at www.umich.edu/~ojibwe/.

The six-course sequence is as follows:

AMCULT 222: Elementary Ojibwe. For students with little to no experience with the language. *Offered in fall terms only.*

AMCULT 223: Elementary Ojibwe, continued. Prerequisite: AMCULT 222 with a grade of C- or higher. *Offered in winter terms only.*

AMCULT 322: Intermediate Ojibwe. Prerequisite: AMCULT 223 with a grade of C- or higher. *Offered in fall terms only.*

AMCULT 323: Intermediate Ojibwe, continued. Prerequisite: AMCULT 322 with a grade of C- or higher. Successful completion of this course with a grade of C- or higher will satisfy the LSA Language Requirement. *Offered in winter terms only.*

AMCULT 422: Advanced Ojibwe. Prerequisite: AMCULT 323 with a grade of C- or higher. *Offered in fall terms only.*

AMCULT 423: Advanced Ojibwe, continued. Prerequisite: AMCULT 422 with a grade of C- or higher. *Offered in winter terms only.*

Students who have a background in the Ojibwe language are invited to contact Professor Margaret Noori (mnoori@umich.edu) to determine which course in the sequence is most appropriate for their abilities.

AMCULT 205 focuses on the early literature of the Anishinaabemowin people. **ENGLISH 382** explores modern Anishinaabemowin literature.

A weekly **language group** also meets as well. Contact Professor Margaret Noori (mnoori@umich.edu) for more information or to be added to the language group listserv.

Faculty Focus: Howard Kimewon (hkimewon@umich.edu)

Beginning, intermediate, and advanced Anishnaabemowin Instructor
 Educated at Bay Mills College in Brimley, MI
 Research interests include: Anishinaabe (Ojibwe) language instruction,
 language change and identification of older words and terms, and
 socio-linguistics, especially gender differences



"I recognize that my students have achieved so much to be at this university and there is so much more for them to achieve with their grades and education."



Native American Student Association (NASA): the umbrella Native organization at UM with members from many of the undergraduate and graduate (professional) departments and programs from UM and community members at large.

nasa.exec@umich.edu
www.umich.edu/~aium/nasa

American Indian Science and Engineering Society (AISES), UM

Chapter: Promoting the representation of Native Americans in science and engineering fields.



aises.exec@umich.edu
www.umich.edu/~aium/aises

Latin American and Native American Medical Association (LANAMA): a medical student organization at the University of Michigan Medical School.

lanama@umich.edu
www.umich.edu/~lanama

Native American Law Students Association (NALSA): a community of both Native and non-Native individuals who are interested in issues currently affecting the Native American community.

nalsaexec@umich.edu
students.law.umich.edu/nalsa

Native Grad Caucus: A group for Native American/American Indian/Pacific Islander graduate students across the University.

nativecaucus@umich.edu

Faculty Focus:
Bob Megginson
(meggin@umich.edu)



Arthur F. Thurnau
Professor, Professor of Mathematics And Associate Dean of Undergraduate and Graduate Education for the College of Literature, Science, and the Arts

AISES Advisor

Dr. Megginson oversees undergraduate and graduate education in LSA and coordinates department and program reviews. When he's not working, he enjoys mountain climbing. His current project is to climb all of Colorado's Fourteeners, the mountains in Colorado whose summit elevations exceed 14,000 feet.

AIUM Email listserv:

Weekly announcements are sent out to the AIUM listserv each Thursday. These announcements have information about Native events in and around UM, Pow Wow Committee meetings, scholarships, employment and more. To join the AIUM listserv, email aium@umich.edu and ask to be added!

AIUM On the web:

The main website for American Indians at the University of Michigan (AIUM) is www.umich.edu/~aium

AIUM On Facebook:

Native americans @ Umich

UNIVERSITY HEALTH SERVICE (UHS) is a health care clinic located on the central campus of the University of Michigan. With approximately 70,000 visits per year, UHS is a highly utilized campus resource, part of the Division of Student Affairs. **UM students, faculty, staff and others affiliated with UM are eligible to visit UHS, even if you don't have health insurance.** For students who are enrolled for the current semester on the Ann Arbor campus, most UHS services are covered by the health service fee, which is paid as part of tuition. UHS also offers specialized services through their Allergy, Immunization and Travel Health Clinic, Eye Care Clinic and Optical Shop, Gynecology Clinic for women's health care, Laboratory, Nutrition Clinic, Pharmacy, Physical Therapy, Radiology, and Specialty Clinics.

For more information: <http://www.uhs.umich.edu/>

ALCOHOL & OTHER DRUGS

You can find information about alcohol and other drugs, including being safe and legal, at <http://www.uhs.umich.edu/wellness/aod/>

UM offers a free and confidential alcohol assessment and education program to all University of Michigan students who want to explore their alcohol use. The program is called **BASICS (Brief Alcohol Screening and Intervention for College Students)**. You can find more information about BASICS at <http://www.uhs.umich.edu/wellness/aod/BASICS.html>

UM offers a free and confidential alcohol assessment and education program to all University of Michigan students who want to explore their alcohol use. The program is called **BASICS (Brief Alcohol Screening and Intervention for College Students)**. You can find more information about BASICS at <http://www.uhs.umich.edu/wellness/aod/BASICS.html>



EATING DISORDERS AND BODY IMAGE

If you are concerned about eating and body image issues, you're not alone. The UHS website has many resources for you at <http://www.uhs.umich.edu/wellness/edbi/>. Also, UM has "a balanced, respectful diverse community in which all members feel empowered to have a healthy relationship with food and movement, a positive body image, acceptance of all body sizes and shapes, and access to resources that support a culture free to challenge societal norms relating to eating and body image." This community is the **Coalition for Action Regarding Eating and Body Image Issues (CARE)**. For more information on CARE, go to <http://www.uhs.umich.edu/wellness/edbi/care.html>.

SEXUAL HEALTH

Here's some quick information about sexual health resources at UM. For more sexual health resources, go to <http://www.uhs.umich.edu/wellness/sxh/resources.html>. **Contact the UM UHS Gynecology Clinic for information on obtaining contraception and for other women's health services** at 734-763-9184. For information on emergency contraception, go to <http://www.uhs.umich.edu/services/ec.html> or contact the UHS Pharmacy at 734-764-7387. UHS also offers STD testing (http://www.uhs.umich.edu/services/std_assess.html). UM Sexual Assault Prevention and Awareness Center is the campus resource for survivors of sexual assault, relationship violence, stalking and sexual harassment. They also have a 24-hour crisis line: 734-963-3333. **Free condoms are available to UM students** at UHS Health Promotion and Community Relations (room 2110). **UHS offers free and confidential HIV Antibody Testing for students.** Call 734-763-6969 for recorded information or see the website <http://www.uhs.umich.edu/services/hivtest.html>.

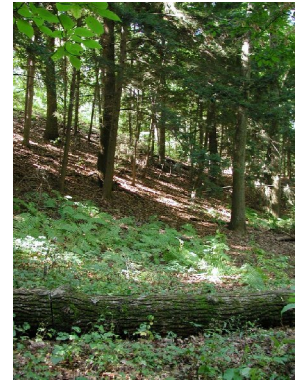
STRESS AND MENTAL HEALTH

"Got stress? Who doesn't! We can all learn to handle stress better and work towards better mental health. UHS invites you to explore the web pages listed at the following link for ideas and resources": <http://www.uhs.umich.edu/wellness/stress/index.html>

**Fun thing to do at the U:
Matthaei Botanical Gardens & Nichols Arboretum**

“The University of Michigan Matthaei Botanical Gardens and Nichols Arboretum are about connecting people with nature. We're about sustaining the earth. We're about caring for our natural heritage. We're about sharing knowledge and promoting learning.”

<http://www.lsa.umich.edu/mbg/>

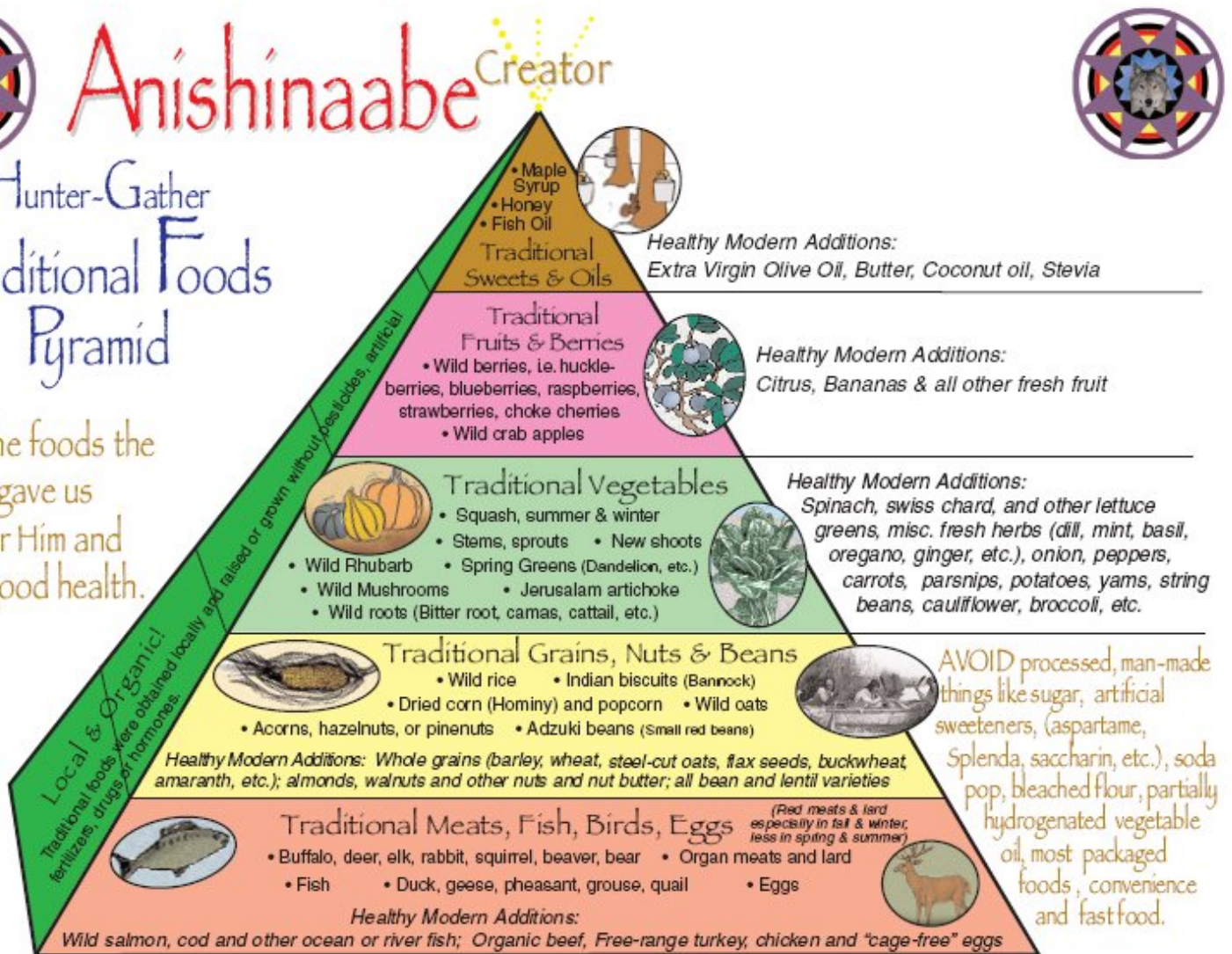


Anishinaabe Creator



Hunter-Gather Traditional Foods Pyramid

Eating the foods the
Creator gave us
will honor Him and
give us good health.



A NOTE on DAIRY: Dairy, while included in "American" food pyramids, is not a traditional food for Anishinaabe Hunter-gathers.

Traditional Calcium and Mineral Sources Included:

- Breast milk for babies and children under two years
- Bone soup or broth
- Fish head soup
- Canned fish with the bones
- Vegetables and greens

Processed homogenized dairy products have been found to increase risk of Type 2 diabetes, while only **raw milk from healthy cows** is a healthy and beneficial addition to a traditional diet. Cultured dairy (yogurt, kefir, buttermilk, etc.) from raw milk is digestible for those who are otherwise lactose intolerant.

- 1) Prepare for class, go to class, and participate in class. It's important to attend all of your classes! Complete the assigned reading before class. In class, listen for emphasis and examples. Take a thorough set of notes; you'll be thankful at test time.
- 2) Ask for help: make use of all the resources available to you at UM.
- 3) Get to know your professors and GSIs by going to office hours. By attending these on a regular basis you can ask questions, get help with problems, and learn about additional resources available to you.
- 4) Be an early bird. Get started early on papers and assignments. Don't wait until the last minute!
- 5) Plan ahead to get ahead. It's never too early to start investigating career and graduate education possibilities.
- 6) Study Hard, Study Smart! You should be engaged in academic work—studying, writing papers, doing homework, etc. 2–4 hours for every hour of class per week. 14 credit hours = 28–56 hours per week of class work.
- 7) Get a handle on your finances: Say no to overspending and credit card debt.
- 8) Aim High!: A GPA of 3.0 or above will increase your opportunities during and after college.
- 9) Don't Party Hard: Socializing and extracurricular activities should take a backseat to academics.
- 10) Use Your Time Wisely: Study at least 5 days per week.

You can also check out the **student guides** at LSA for more resources for academic success. You don't have to be in LSA to use them! <https://www.lsa.umich.edu/lsa/students/studentguide/>

Fun thing to do at UM:

Michigan Union Billiards and Game Room

The Billiards Room in the Michigan Union features seventeen pool tables, a carom table, a snooker table, and two foosball tables. Guests also enjoy a wide selection of card and board games, as well as exclusive "Michigan Billiards" apparel.

<http://www.umich.edu/~billiard/>



Faculty Focus:

Tiya Miles
(tiya@umich.edu)

Director, Native American Studies Program
Associate Professor,
Program in American Culture, Center for Afroamerican and African Studies,
Department of History



"College is a unique and once in a lifetime opportunity for the exploration of new ideas, relationships, and concepts of the self. I hope you will be bold and imaginative in discovering what the U of M can offer you as well as what you can offer to the university community during your time here. As a faculty member in the Native American Studies Program, I am looking forward to knowing you and helping to inspire your thinking, creativity, and future work in the world. Although you may not yet know exactly what or exactly how, you have so much to offer your home communities and the broader world of American Indian intellectualism, public work, and community life."

Sometimes, no matter what you do, you can find yourself in need of some help. Listed below is some information for some specific situations, just in case you need it.

STRESS, ANXIETY AND DEPRESSION

Counseling and Psychological Services (CAPS) offers a variety of free services aimed at helping students resolve personal difficulties and acquire the skills, attitudes, and knowledge that will enable them to take full advantage of their experiences at the University of Michigan. CAPS is on the web at <http://www.umich.edu/~caps/>

U of M Psychiatric Emergency Services 24 hour crisis line: (734) 996-4747

DORM ROOMMATE

Having trouble with your roommate? The first step is to contact your **Resident Adviser (RA)**. In general, you should look to them as your first stop for information regarding problems with your dorm roommate(s). If that doesn't work, you should contact your hall director. If you are still having problems and need to speak to someone else, the **Office of Student Conflict and Resolution (OSCR)** is there for you. You can reach OSCR on the web at <http://www.oscr.umich.edu/> or by phone at 734-936-6308.

ACADEMICS

Having trouble in your classes? First, talk to your professors or your graduate student instructors. They can help you understand the material. If you need more support, the **Comprehensive Studies Program (CSP)** can set you up with a tutor or other forms of academic support. You can reach CSP at 734-764-9128 or cspinfo@umich.edu. You can also find more information at their website www.lsa.umich.edu/csp. If you need to withdraw from a class or change majors, you'll want to visit with an academic advisor. Each school or college has an academic advising office for students to come with questions. They can help you make decisions about your courses and your major. Academic advising for the College of LSA can be reached at 734-764-0332 or ask.lsa.advising@umich.edu. You can also find a lot of helpful information on their website www.lsa.umich.edu/advising.

SEXUAL ASSAULT

If you're looking for information about sexual assault, or if you're a survivor looking for help, SA-PAC is here for you. Sexual Assault Prevention & Awareness Center 24 hr. crisis line (734) 936-9333. Safe House 24/7 Help Line: (734) 995-5444

STUDENT LEGAL SERVICES

Student Legal Services (SLS), a unit of the Division of Student Affairs, is a full-service law office available to currently enrolled students at UM. You can reach them on the web at <http://studentlegalservices.dsa.umich.edu/>

American Indian Health and Family Services (AIHFS): The mission of AIHFS is to help ensure the survival of Native American families and individuals by providing quality health care and by supporting the healing process, encouraging, educating, and empowering our clients in seeking and maintaining wellness and enhancing the quality of life, and by facilitating the equity and accessibility of comprehensive health care for the Native American community.

4880 Lawndale Street, Detroit, MI 48210
(313) 846-3718
www.aihfs.org



American Indians at the University of Michigan (AIUM) (<http://www.umich.edu/~aium/>)

Native American Studies (NAS) (<http://www.lsa.umich.edu/ac/native/>)

Tuition Waiver, Inter-Tribal Council of Michigan (<http://www.itcmi.org/>)

Minority Peer Advisor (MPA) (<http://www.housing.umich.edu/info/mpa.html>) - students in each residence hall who counsel, advise, and plan programs for students of color in the residence hall

Spectrum Center (LGBT) (<http://spectrumcenter.umich.edu/>) - provides education, information and advocacy services for lesbian, gay, bisexual, and transgender students, faculty, and staff, their families and friends, and the campus community at large.

Office of Multi-Ethnic Student Affairs (MESA) (<http://mesa.umich.edu/>)

Office of Academic Multicultural Initiatives (OAMI) (<http://www.umich.edu/~oami/>)

Counseling and Psychological Services (CAPS) (<http://www.umich.edu/~caps/>)

Career Center (<http://www.careercenter.umich.edu/>)

Ginsberg Center (<http://ginsberg.umich.edu/>) - strives to engage students, faculty members, university staff, and community partners in community service and academic learning in order to promote civic participation, build community capacity, and enhance the educational process.

Greek Life (<http://www.umich.edu/~greeks/>)

Office of Financial Aid (<http://www.finaid.umich.edu/>)

Office of Student Activities and Leadership (<http://www.iso.umich.edu/>)

Office of Student Conflict Resolution (OSCR) (<http://www.oscr.umich.edu/>)

Ojibwe Language Program (<http://www.ojibwe.net/>)

Program on Intergroup Relations (IGR) (<http://www.igr.umich.edu/>) - works proactively to promote understanding of intergroup relations inside and outside of the classroom through multidisciplinary dialogue-based courses and workshops

Services for Students with Disabilities (SSWD) (<http://www.umich.edu/~sswd/>)

Sexual Assault Prevention and Awareness Center (SAPAC) (<http://www.umich.edu/~sapac/>)

Student Legal Services (<http://studentlegalservices.dsa.umich.edu/>)

University Health Services (UHS) (<http://www.uhs.umich.edu/>)

Expect Respect (<http://www.urespect.umich.edu>), 734-615-BIAS (2427) to report hate crimes or bias incidents that occur on campus

Fun thing to do at the U: UMix

UMix provides late night programming including movies, free food, fun activities, and the opportunity to socialize and get involved on campus.

<http://www.umich.edu/~umix/>





2007 Spring Commencement Ceremony at Michigan Stadium

Support for The Circle provided by OAMI

The Office of Academic Multicultural Initiatives (OAMI) is dedicated to supporting the University of Michigan in its ongoing commitment to create and foster an intellectually and culturally diverse campus community. To this end, OAMI works collaboratively and cooperatively with the campus and external constituencies to develop initiatives that enrich the academic, social, cultural, and personal development of students.



MICHIGAN

2008

Nondiscrimination Policy The University of Michigan, as an equal opportunity/affirmative action employer, complies with all applicable federal and state laws regarding nondiscrimination and affirmative action, including Title IX of the Education Amendments of 1972 and Section 504 of the Rehabilitation Act of 1973. The University of Michigan is committed to a policy of nondiscrimination and equal opportunity for all persons regardless of race, sex, color, religion, creed, national origin or ancestry, age, marital status, sexual orientation, gender identity, gender expression, disability, or Vietnam-era veteran status in employment, educational programs and activities, and admissions. Inquiries or complaints may be addressed to the University's Director of Affirmative Action and Title IX/Section 504 Coordinator, 4005 Wolverine Tower, Ann Arbor, Michigan 48109-1281, (734) 763-0235, TTY (734) 647-1388. For other University of Michigan information call (734) 764-1817.

Regents of the University of Michigan: Julia Donovan Darlow, Laurence B. Deitch, Olivia P. Maynard, Rebecca McGowan, Andrea Fischer Newman, Andrew C. Richner, S. Martin Taylor, Katherine E. White, Mary Sue Coleman (*ex officio*)

<http://www.umich.edu/~aium>