Chapter 16

γ Decay

Note to students and other readers: This Chapter is intended to supplement Chapter 10 of Krane’s excellent book, ”Introductory Nuclear Physics”. Kindly read the relevant sections in Krane’s book first. This reading is supplementary to that, and the subsection ordering will mirror that of Krane’s, at least until further notice.

So far we have discussed α decay and β decay modes of de-excitation of a nucleus. See Figure 16.1. As seen in (16.1), we have indicated explicitly, that the daughter nucleus may be in an excited state. This is, in fact, the usual case. The most common form of nuclear de-excitation is via γ decay, the subject of this chapter.

\[ \begin{align*}
A^4X_N & \rightarrow A^4Y_{N-2} + \alpha & \text{[α - decay]} \\
A^2X_N & \rightarrow A^2Y_{N+1}^* + e^\mp + (\bar{\nu}_e/\nu_e) & \text{[β\mp decay]} \\
\end{align*} \] (16.1)

A comparison of α decay, β decay, and γ decay

Now that we are discussing that last decay mode process, it makes sense to compare them. Most naturally radioactive nuclei de-excite via an α decay. The typical α-decay energy is 5 MeV, and the common range between 4 and 10 MeV. The “reduced” de Broglie wavelength is:

\[ \lambda = \frac{\hbar}{p} = \frac{\hbar c}{pc} = \frac{\hbar c}{\sqrt{T(T + 2mc^2)}} \] (16.2)

Thus, for the α-particle, the typical λ is about 1.02 fm, with a range of about 0.72–1.14 fm. This dimension is small in comparison, and this is why a semi-classical treatment of α decay is successful. one can reasonably talk about α-particle] formation at the edge of the
nucleus, and then apply quantum tunneling predictions to estimate theoretically, the escape probability, and the halflife.

$\beta$ decay, on the other hand, involves any energy up to the reaction $Q$, typically 1 MeV, but ranging from a few keV to tens of MeV. Thus, the typical $\lambda$ is about 140 fm, and ranges from 10 fm up. Thus, the typical $\beta$-particle has a large $\lambda$ in comparison to the nuclear size, and a quantum mechanical approach is dictated, and the result of the previous chapter are testament to that.

$\gamma$ decay is now under our microscope. the typical $\gamma$ decay is 1 MeV and ranger from about 0.1 – 10 MeV. The typical $\lambda$ is about 40 fm, and ranges from about 20 – 2000 fm. Clearly, only a quantum mechanical approach has a chance of success. Fortunately, the development of Classical Electrodynamics was very mature by the time Quantum Mechanics was discovered. The “wave mechanics” of photons, meshed very easily with the wave mechanics of particles. Non-relativistic and relativistic Quantum Electrodynamics started from a very solid classical wave-friendly basis.
The foundations of Quantum Electrodynamics

$\gamma$ spectroscopy yields some of the most precise knowledge of nuclear structure, as spin, parity, and $\Delta E$ are all measurable.

Borrowing from our knowledge of atomic physics and working within the shell-model of the nucleus, we can write (in a formal fashion, at least) the nuclear wave function as a composite of single-particle nucleon wavefunctions, as follows:

$$\Psi_N = \prod_{a=1}^{A} C(l_a, s_a, t_a) \psi_a(l_a, s_a, t_a), \quad (16.3)$$

where the composite, $\Psi$ is the product of a combination factor $C$ if individual or orbital angular momentum ($l$), spin angular momentum ($s$), and isospin ($t$) quantum numbers. Isospin is a quantum number analogous to intrinsic spin. Recognizing that the strong force is almost independent of nucleon type, the two nucleon states are “degenerate” much like spin states in atomic physics. So, we can assign a conserved quantum number, called isospin. By convention, a proton has $t_p = \frac{1}{2}$, while a neutron has $t_n = -\frac{1}{2}$.

Transition rates between initial, $\Psi_N^*$ and final, $\Psi'_N$, nuclear states, resulting from an electromagnetic decay producing a photon with energy, $E_\gamma$, can be described by Fermi’s Golden Rule #2:

$$\lambda = \frac{2\pi}{\hbar} |\langle \Psi_N' \psi_\gamma | O_{em} | \Psi_N^* \rangle|^2 \frac{dn_{\gamma}}{dE_{\gamma}}, \quad (16.4)$$

where $O_{em}$ is the electromagnetic transition operator, and $(dn_{\gamma}/dE_{\gamma})$ is the density of final states factor. The photon wavefunction, $\psi_\gamma$ and $O_{em}$ are well known, therefore, measurements of $\lambda$ provide detailed knowledge of nuclear structure. Theorists attempt to model $\Psi_N$, the degree to which their predictions agree with experiments, indicate how good the models are, and this leads us to believe we understand something about nuclear structure.

A $\gamma$-decay lifetime is typically $10^{-12}$ seconds or so, and sometimes even as short as $10^{-19}$ seconds. However, this time span is an $[eternity]$ in the life of an excited nucleon. It takes about $4 \times 10^{-22}$ seconds for a nucleon to cross the nucleus.

**Why does $\gamma$ decay take so long?**

There are several reasons:

1. We have already seen that the photon wavelength, from a nuclear transition, is many times the size of the nucleus. Therefore there is little overlap between the photon’s wavefunction and the nucleon wavefunction, the nucleon that is responsible for the emission of the photon.
2. the photon carries off at least one unit of angular momentum. Therefore, the transition involves some degree of nucleon re-orientation. That is, $\Psi'_N$ does not closely resemble $\Psi^*_N$.

3. The electromagnetic force is relatively weak compared to the strong force, about a factor of 100.

16.1 Energetics of $\gamma$ decay

A typical $\gamma$ decay is depicted in Figure 16.2, the decay scheme and its associated energetics are described in (16.2). $X^*$ represents the initial excited states, while $X'$ is the final state of the transition, though usually, it is a lower energy excited state, that also decays by one of the known modes.

Figure 16.2: Generic decay schemes for $\alpha$ decay and $\beta$ decay
16.1. ENERGETICS OF $\gamma$ DECAY

$$\overset{A}{Z}X_N^* \rightarrow \overset{A}{Z}X_N' + \gamma$$

$$[m_{X^*} - m_{X'}]c^2 = T_{X'} + E_{\gamma}$$

$$Q = T_{X'} + E_{\gamma}$$  \hspace{1cm} (16.5)

Thus we see that the reaction $Q$ is distributed between the recoil energy of the daughter nucleus and the energy of the photon. Note that $m_{X^*}$ and $m_{X'}$, are nuclear masses.

It turns out to be easier to use a relativistic formalism to determine the share of kinetic energy between the photon and the daughter nucleus, so we proceed that way. It can be shown that:

$$E_{\gamma} = Q \left[ \frac{1 + Q/2m_{X'}c^2}{1 + Q/m_{X'}c^2} \right]$$

$$T_{X'} = \frac{Q}{2} \left[ \frac{Q/m_{X'}c^2}{(1 + Q/m_{X'}c^2)} \right].$$  \hspace{1cm} (16.6)

Since $Q \ll m_{X'}c^2$, or $(10^{-4}/A) < (Q/m_{X'}c^2) < (10^{-2}/A)$, we can approximate

$$E_{\gamma} \approx Q - \frac{Q^2}{2m_{X'}c^2}$$

$$T_{X'} \approx \frac{Q^2}{2m_{X'}c^2}.$$  \hspace{1cm} (16.7)

Although these recoil energies are small, they are in the range $(5 \rightarrow 50000 \text{ eV})/A$. Except in the lower range, these recoil energies are strong enough to overwhelm atomic bonds and cause crystal structure fissures.

Finally, Krane uses a non-relativistic formalism to obtain the recoil energy. It can be shown that

$$\frac{E_{\gamma}^{\text{rel}} - E_{\gamma}^{\text{non-rel}}}{Q} \approx 1.5 \times (10^{-13} \rightarrow 10^{-7})/A^3.$$  \hspace{1cm} (16.8)

The relativistic correction can be ignored, but it is interesting that the relativistic calculation is easier! This is one place where correct intuition at the outset, would have caused you more work!
Obtaining $Q$ from atomic mass tables

Finally, let us deal with a small subtlety regarding the reaction $Q$. The $Q$ employed in (16.5) is different than what one would obtain from a different of atomic masses from the mass tables.

The two are:

\[
Q = [m_{X*} - m_{X'}]c^2 \\
Q' = [m(A_{Z N}^*) - m(A_{Z N}'^*)]c^2.
\]  

(16.9)

Going back to the definition of atomic mass, we obtain:

\[
Q = Q' + \sum_{i=1}^{Z} (B_i^* - B_i').
\]  

(16.10)

where the $B_i$'s are the atomic binding energies of the $i$'th atomic electron. About the only difference, insofar as the atomic electrons are concerned, is the different nuclear spin that these electrons see. This effect the hyperfine splitting energies of the atomic states, and can probably be ignored in (16.10). (Makes one wonder, though. Someone care to attempt some library research on this topic?)

16.2 Classical Electromagnetic Radiation

The structure (and many of the conclusions) of the Quantum Mechanical description of electromagnetic radiation follows from the classical formulation. Most important of these is the classical limit, through the correspondence principle. Therefore, a detailed review of Classical Electromagnetic Radiation is well motivated.

Multipole expansions

Electric multipoles

The electric multipole expansion starts by considering the potential due to a static charge distribution:

\[
V(\vec{x}) = \frac{1}{4\pi\epsilon_0} \int d\vec{x}' \ \frac{\rho(\vec{x}')}{|\vec{x} - \vec{x}'|}.
\]  

(16.11)
We have encountered such an object before, in Chapter 10, but now we attempt to be a little more general than simply (!) describing the nuclear charge distribution. Generally, we shall only consider charge conserving systems, where the time dependency may arise through a vibration or rotation of the charges in the distribution, but not through loss or gain of charge. Assuming the charges to be localized, we expand (16.11) in \( \vec{x} \). That is, we are considering \( \vec{x} \) to be outside of the charge distribution. The result is:

\[
V(\vec{x}) = \frac{1}{4\pi\epsilon_0} \left[ \frac{Q_0}{|\vec{x}|} + \frac{Q_1}{|\vec{x}|^2} + \frac{Q_2}{|\vec{x}|^3} \ldots \right]
\]

(16.12)

\[
Q_0 = \int d\vec{x'} \rho(\vec{x'}, t)
\]

(16.13)

\[
Q_1 = \int d\vec{x'} \ z' \rho(\vec{x'})
\]

(16.14)

\[
Q_2 = \frac{1}{2} \int d\vec{x'} (3 z'^2 - r'^2) \rho(\vec{x'})
\]

(16.15)

where \( Q_0 \) is the total charge (aka the monopole term), \( Q_1 \) is the dipole moment, and \( Q_2 \) is the quadrupole moment. Higher moments would include the octupole moment, and the hexadecapole moment, and more.

In general,

\[
V(\vec{x}, t) = \frac{1}{4\pi\epsilon_0} \frac{1}{|\vec{x}|} \sum_n \frac{Q_n}{|\vec{x}|^n}
\]

(16.16)

\( Q_0 \) could be zero, for neutral charge distributions. If the charge distribution contains charge of only one sign, the dipole moment could be made to disappear by choosing the coordinate system to be at the center of charge.

In classical E&M theory, the higher \( n \)'s diminish in influence as \(|\vec{x}|\) grows. In Quantum E&M theory, the higher \( n \)'s are associated with transitions that become weaker with increased \( n \).

**Electric dipoles and quadrupoles**

To illustrate some features of electric dipoles, consider the situation described in Figure 16.3. Here, a charge \( q \) (assumed, without loss of generality, to be positive), is located on the \( z \)-axis at \( z = l \). A charge of the opposite sign is on the \( z \)-axis, at \( z = -l \). This is a pure electric dipole:

\[
\rho(\vec{x}) = q[\delta(x)\delta(y)\delta(z - l) - \delta(x)\delta(y)\delta(z + l)]
\]
Figure 16.3: A simple example of an electric dipole

\[
\begin{align*}
Q_0 &= 0 \\
Q_1 &= ql + (-q)(-l) = 2ql \\
Q_{n \geq 2}(t) &= 0
\end{align*}
\]  

(16.17)

Under a parity operation, \( \vec{x} \rightarrow -\vec{x} \), the configuration in Figure 16.3, is opposite to its original configuration. Thus the parity of the electric dipole radiation is \( \Pi(E^1) = -1 \).

A similar argument for an electric quadrupole would lead us to conclude that \( \Pi(E^2) = +1 \).

In general, the parity of an electric multipole is:

\[ \Pi(EL) = (-1)^L. \]  

(16.18)
Magnetic dipoles

Considerations for static magnetic multipole expansions are much more involved. Instead, we focus on the magnetic dipole moment:

\[ \vec{B}(\vec{x}) = \frac{\mu_0}{4\pi} \left[ \frac{3\vec{n}(\vec{n} \cdot \vec{m}) - \vec{m}}{|\vec{x}|^3} \right], \] (16.19)

where \( \vec{n} \) is a unit vector in the direction of \( \vec{x} \), \( \vec{m} \) is the magnetic moment,

\[ \vec{m} = \frac{1}{2} \int d\vec{x}' [\vec{x}' \times \vec{J}(\vec{x}')] . \] (16.20)

Here, \( \vec{J} \) is the current density.

To illustrate some features of magnetic dipoles, consider the situation described in Figure 16.4.
Under a parity change, the magnetic dipole is unchanged. So, in this case, \( \Pi(B^1) = +1 \). A magnetic quadrupole, on the other hand, changes its sign in general,

\[
\Pi(ML) = -(-1)^L .
\]

(16.21)

**Characteristics of multipolarity**

<table>
<thead>
<tr>
<th>( L )</th>
<th>multipolarity</th>
<th>( \Pi(EL) )</th>
<th>( \Pi(ML) )</th>
<th>angular distribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>dipole</td>
<td>-1</td>
<td>+1</td>
<td>( P_2(\mu) = \frac{1}{2}(3\mu^2 - 1) ) (( \mu \equiv \cos \theta ))</td>
</tr>
<tr>
<td>2</td>
<td>quadrupole</td>
<td>+1</td>
<td>-1</td>
<td>( P_4(\mu) = \frac{1}{5}(35\mu^4 - 30\mu^2 + 3) )</td>
</tr>
<tr>
<td>3</td>
<td>octupole</td>
<td>-1</td>
<td>+1</td>
<td>( P_6(\mu) = \frac{1}{16}(231\mu^6 - 315\mu^4 + 105\mu^2 - 5) )</td>
</tr>
<tr>
<td>4</td>
<td>hexadecapole</td>
<td>+1</td>
<td>-1</td>
<td>( P_8(\mu) = \frac{1}{128}(6435\mu^8 - 12012\mu^6 + 6930\mu^4 - 1260\mu^2 + 35) )</td>
</tr>
<tr>
<td>...</td>
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<td>...</td>
</tr>
</tbody>
</table>

**Parity**

For electric multipoles

\[
\Pi(EL) = (-1)^L ,
\]

while for magnetic multipoles

\[
\Pi(EL) = (-1)^{L+1} .
\]

**Power radiated**

The power radiated is proportional to:

\[
P(\sigma L) = \propto \frac{2(L + 1)c}{\varepsilon_0 L[(2L + 1)!!]^2} \left( \frac{\omega}{c} \right)^{2L+2} [m(\sigma L)]^2 ,
\]

(16.22)

where, \( \sigma \) means either \( E \) or \( M \), and \( m(\sigma L) \) is the \( E \) or \( M \) multipole moment of the appropriate kind.

### 16.2.1 A general and more sophisticated treatment of classical multipole fields

In order to make the transition to Quantum Mechanics a little more transparent, our jumping-off point from Classical Electrodynamics has to be somewhat more advanced. From advanced \( E&M \) (for example, J D Jackson’s *Classical Electrodynamics*)...
If

\[\rho(\vec{x}, t) = \rho(\vec{x}) e^{i\omega t}\]

(16.23)

\[\vec{J}(\vec{x}, t) = \vec{J}(\vec{x}) e^{i\omega t}\]

(16.24)

\[\vec{m}(\vec{x}, t) = \vec{m}(\vec{x}) e^{i\omega t},\]

(16.25)

are the time-dependent charge density (protons density), current density (protons with orbital angular momentum), and magnetic moment density (proton and neutron intrinsic spins), the radiation fields are characterized by the electric, \(Q_{lm}\), and magnetic, \(M_{lm}\), multipoles:

\[Q_{lm} = \int d\vec{x} |\vec{x}|^l Y_{lm}^*(\theta, \phi) \left[ \rho(\vec{x}) - \frac{i\omega}{(l + 1)c^2} \vec{\nabla} \cdot [\vec{x} \times \vec{m}(\vec{x})] \right],\]

(16.26)

\[M_{lm} = -\int d\vec{x} |\vec{x}|^l Y_{lm}^*(\theta, \phi) \left[ \vec{\nabla} \cdot \vec{m}(\vec{x}) + \frac{1}{(l + 1)} \vec{\nabla} \cdot [\vec{x} \times \vec{J}(\vec{x})] \right].\]

(16.27)

The power, \(dP\), radiated into solid angle \(d\Omega\), by mode \((l, m)\) is:

\[dP \left[ l, m, \begin{bmatrix} E \\ M \end{bmatrix} \right] = \frac{2(l + 1)c}{\varepsilon_0 l(2l + 1)(2l + 1)!!} \left(\frac{\omega}{c}\right)^{2l+2} \left| Q_{lm} \right|^2 \left| X_{lm}(\theta, \phi) \right|^2,\]

(16.28)

where (suppressing explicit dependence on \(\theta\) and \(\phi\)),

\[|X_{lm}|^2 = \frac{\frac{1}{2}(l - m)(l + m + 1)|Y_{l,m+1}|^2 + \frac{1}{2}(l + m)(l - m + 1)|Y_{l,m-1}|^2 + m^2|Y_{l,m}|^2}{l(l + 1)}.\]

(16.29)

If all the \(m\)'s contribute equally,

\[\sum_{m=-l}^{l} |X_{lm}(\theta, \phi)|^2 = \frac{2l + 1}{4\pi}.\]

(16.30)

In this case, the radiation is isotropic. You will also need (16.30) to get Krane’s (10.8).

For the non-isotropic distributions, first we recall the spherical harmonics
These distributions are shown in Figure 16.5.

The angular distributions indicate how a measurement of the angular distribution map of the radiation field can identify the multipolarity of the radiation. Measurement of the parity is accomplished by performing a secondary scattering experiment that is sensitive to the direction of, for example, the electric field vector. The Compton interaction often used for this purpose.

### 16.3 Transition to Quantum Mechanics

The transition to Quantum Mechanics is remarkably simple! most of the hard work has been done in the classical analysis.

In Quantum Mechanics, the transition rate is given by:

\[
\frac{d\lambda}{d\Omega} \left( l, m, \left[ \begin{array}{c} E \\ M \end{array} \right] \right) = \frac{1}{\hbar \omega} \frac{dP}{d\Omega} \left( l, m, \left[ \begin{array}{c} E \\ M \end{array} \right] \right) .
\]

that is, the transition rate (per photon) is taken from the expression for the power radiated, divided by the energy per photon, \( \hbar \omega \). The structure of the right hand side is identical to the classical expression, except that the charge density, current density and intrinsic magnetization density are replaced by the probability density, the probability current density, and the magnetic moment density.
Figure 16.5: Angular distributions
\[ Q_{\ell m}^{i \rightarrow f} = e \int d\vec{x} |\vec{x}|^l Y_{\ell m}^*(\theta, \phi) \left[ \sum_{i=1}^Z (\psi_i^*)_f \langle \psi_i \rangle_i \right], \quad (16.32) \]

\[ M_{\ell m}^{i \rightarrow f} = -\frac{1}{(l+1)} \frac{e\hbar}{m_p} \int d\vec{x} |\vec{x}|^l Y_{\ell m}^*(\theta, \phi) \left[ \hat{\nabla} \cdot \left[ \sum_{i=1}^Z (\psi_i^*)_f [\vec{L} \langle \psi_i \rangle_i] \right] \right]. \quad (16.33) \]

**The Weisskopf Estimates**

A detailed investigation of (16.32) and (16.33) requires detailed knowledge of the nuclear wavefunctions, in order to pin down the absolute decay rates of the various transition types. The angular distributions, however, and parities have been established already.

Detailed knowledge of the wavefunctions is not known. However, it would be nice to have a “ballpark” estimate, to get relative transition rates. Such an approximation has been done by Weisskopf, using the following strategy.

Let the radial part of both the initial and final wavefunctions be:

\[ R(r) = \theta(R_N - r) \sqrt{\int_0^{R_N} dr \, r^2}, \]

where \( R_N \) is the nuclear edge, given by \( R_N = R_0 A^{1/3} \). We note that these radial wavefunctions are properly normalized, since,

\[ \int_0^\infty dr \, r^2 R(r) = 1. \]

The radial part of (16.32) is thus given by:

\[ Q_{\ell m}^{i \rightarrow f} = e \int_0^\infty dr \, r^l R(r)^2 = eR_N^l \frac{3}{l+3}. \quad (16.34) \]

Substituting (16.34) and (16.33) results in:

\[ \lambda(El) = \frac{8\pi(l+1)}{l(2l+1)!!} \left\{ \frac{e^2}{4\pi \varepsilon_0 \hbar c} \right\} \left( \frac{E_{\gamma} R_N}{\hbar c} \right)^{2l+1} \left( \frac{3}{l+3} \right)^2 \frac{c}{R_N}, \quad (16.35) \]

for electric \( l \)-pole transitions. All quantities enclosed in parentheses (of all kinds) are unitless. Moreover, the quantity inside the \{\}’s is recognized as the fine structure constant, \( \alpha = 1/137.036 \). The factor \( c/R \) is \( 1/(\text{the time for a photon to cross a nuclear diameter}) \).
Similar considerations (I’m still looking for the source of this calculation) gives:

\[ \lambda(Ml) = \frac{8\pi(l + 1)}{l[(2l + 1)!!]^{2}} \left( \mu_p - \frac{1}{l + 1} \right)^{2} \left( \frac{hc}{m_p c^2 R_N} \right)^{2} \left\{ \frac{e^2}{4\pi \varepsilon_0 \hbar c} \right\} \left( \frac{E\gamma R_N}{hc} \right)^{2l+1} \left( \frac{3}{l + 2} \right)^{2} \frac{c}{R_N}, \]

(16.36)

where the second term in parentheses comes from the nuclear magnetron, rendered unitless by additional factors of \( c \) and \( R_N \). Krane never defines the factor \( \mu_p \), but according to my search (so far) is related to the gyromagnetic ratio of the proton, divided by 2. Krane also goes on to say that the factor \([\mu_p - 1/(l + 1)]^{2}\) is often simply replaced by 10. (!)

Evaluating (16.35) and (16.36) leads to (according to Krane):

\[
\begin{align*}
\lambda(E1) & = 1.0 \times 10^{14} A^{2/3} E_{\gamma}^{3} \\
\lambda(E2) & = 7.3 \times 10^{7} A^{4/3} E_{\gamma}^{5} \\
\lambda(E3) & = 3.3 \times 10^{4} A^{2} E_{\gamma}^{7} \\
\lambda(E4) & = 1.1 \times 10^{-5} A^{8/3} E_{\gamma}^{9} \\
\lambda(M1) & = 5.6 \times 10^{13} E_{\gamma}^{3} \\
\lambda(M2) & = 3.5 \times 10^{7} A^{2/3} E_{\gamma}^{5} \\
\lambda(M3) & = 1.6 \times 10^{4} A^{4/3} E_{\gamma}^{7} \\
\lambda(M4) & = 4.5 \times 10^{-6} A^{2} E_{\gamma}^{9}
\end{align*}
\]

(16.37)

(16.38)

Some conclusions about these:

**Same order, different type**

\[
\frac{\lambda(El)}{\lambda(Ml)} \approx 2 A^{2/3} .
\]

Thus, for a given \( l \), electric transition always dominates, with the difference getting large with increases \( A \).

**Nearby order, same parity**

\[
\frac{\lambda(E(l + 1))}{\lambda(Ml)} \approx 10^{-6} A^{4/3} E_{\gamma}^{2} .
\]

Thus, for large \( A \) and \( E \), \( E2 \) can compete with \( M1, E3 \) can compete with \( M2 \) and so on.
Same type, different order

\[ \frac{\lambda(\sigma(l + 1))}{\lambda(\sigma l)} \approx 10^{-8} A^{2/3} E^2, \]

where \( \sigma \) is ether \( E \) or \( M \). The factor \( A^{2/3} E^2 \leq 10^4 \), so, as \( l \uparrow, \lambda \downarrow \), dramatically!

### 16.4 Angular Momentum and Parity Selection Rules

Conservation of total angular momentum require and parity dictates that:

\[
\begin{align*}
I_f &= I_i + l \\
\pi_f &= (-1)^l \pi_i \quad (E\text{-type}) \\
\pi_f &= (-1)^l+1 \pi_i \quad (M\text{-type})
\end{align*}
\]

Recalling the rules of quantized angular momentum addition, \(|I_f - l| \leq I_i + l\), or \( \Delta I = |I_f - I_i| \leq l \leq I_f + I_i \). Note that the emission of an electromagnetic decay photon can not be associated with a \( 0 \rightarrow 0 \) transition. (The can occur via internal conversion, discussed later.)

The above parity selection rules can also be stated as follows:

\[
\begin{align*}
\Delta \pi = \text{no} & \implies \text{even } E/\text{odd } M \\
\Delta \pi = \text{yes} & \implies \text{odd } E/\text{even } M
\end{align*}
\]

Some examples

\[ \frac{3}{2}^+ \rightarrow \frac{5}{2}^- \text{, } \Delta \pi = \text{no} \]

\( \Delta I = 1 \). Therefore, \( M1, E2, M3, E4 \ldots \)

\[ \frac{3}{2}^+ \rightarrow \frac{5}{2}^- \text{, } \Delta \pi = \text{yes} \]

\( \Delta I = 1 \). Therefore, \( E1, M2, E3, M4 \ldots \)

\[ 0^\pi \rightarrow 0^\pi \text{, } \Delta \pi = \text{unknown} \]

\( \Delta I = 4 \). Therefore, \( E4 \) if \( \Delta \pi = \text{yes} \), \( M4 \) otherwise.

\[ 2^+ \rightarrow 0^+ \]

This is an \( E2 \) transition.
Real-life example

One of the most important, and useful $\gamma$ decays is the decay of $^{60}$Co. It has been used extensively for radiotherapy purposes, and used today for industrial radiation processes, sterilization, food processing, material transformation, and other applications.

$^{60}$Co does not occur naturally, as it has a half-life of 5.27 y. It is produced by neutron activation of stable $^{59}$Co. The entire activation and decay sequences are given as follows, with a decay chart given in Figure 16.6. The decay chart also has information about spin and parity assignments that are needed to decipher the following table.

\[
^{59}_{27}\text{Co}_{32} + n \longrightarrow ^{60}_{27}\text{Co}_{33} \longrightarrow ^{60}_{28}\text{Ni}^*_32 + \beta^- + \nu_e (5.271y) \longrightarrow ^{60}_{28}\text{Ni}_{32} + n\gamma \text{ (prompt)}
\]

Figure 16.6: $^{60}$Co decay scheme.

The likely explanation of the nuclear structure of $^{60}$Ni is that the levels shown are a single quadrupole phonon excitation at 1.333 MeV with a two quadrupole phone triplet at about 2.5 MeV. The $0^+$ state is not fed by this $\beta$ decay.
CHAPTER 16. $\gamma$ DECAY

\begin{tabular}{|c|c|c|c|c|c|c|c|}
\hline
$I^+_\gamma$ & $I^+_\beta$ & $E_N$ (keV) & $E_{\gamma_m}$ (keV) & exp modes & $\tau$ (ps) & frac \\
\hline
$4^+$ & & 2505.766 & & & & 3.3 \\
\hline
$2^+_1$ & & 1173.237 ($\gamma_4$) & E2+M3 & E2,M3,E4,M5,E6 & $\equiv 1$ & $7.6 \times 10^{-5}$ \\
$2^+_2$ & & 346.93 ($\gamma_5$) & unk & E2,E4,M3,E5,M6 & & \\
$0^+_1$ & & 2505.766 ($\gamma_6$) & E4 & E4 (pure) & & $2.0 \times 10^{-8}$ \\
\hline
$0^+_2$ & & 2284.87 & & & > 1.5 \\
\hline
$2^+_2$ & & 2158.64 & & & 0.59 \\
\hline
$2^+_1$ & & 826.06 ($\gamma_2$) & M1+E2 & M1,E2,M3,E4 & $\equiv 1$ & 0.59 \\
$0^+_1$ & & 2158.57 ($\gamma_3$) & E2 & E2 (pure) & & \\
\hline
$2^+_1$ & & 1332.518 & & & 0.77 \\
$0^+_1$ & & 1332.518 ($\gamma_1$) & E2 & E2 (pure) & & \\
\hline
\end{tabular}

Table 16.1: The decay scheme of $^{60}$Ni that is generated from the most probable $\beta$ decay of $^{60}$Co.

Comparison with Weisskopf estimates

\begin{tabular}{|c|c|c|c|c|c|}
\hline
Comparing & Details & theory & exp & ratio & Comments \\
\hline
$\gamma_4$, $\gamma_1$ & E2(1173)/E2(1333) & 0.53 & 0.23 & 2.3 & \\
\hline
$\gamma_4$ modes & M3/E2 & & & & Mostly E1 \\
& E4/E2 & & & & \\
\hline
$\gamma_4$, $\gamma_5$ & E2(347)/E2(1173) & $2.3 \times 10^{-3}$ & $7.6 \times 10^{-6}$ & 30 & $\psi_i/\psi_f$ mismatch? \\
$\gamma_6$, $\gamma_4$ & E4(2505)/E2(1173) & $6.2 \times 10^{-8}$ & $2.0 \times 10^{-8}$ & 3.1 & \\
$\gamma_6$, $\gamma_5$ & E4(2505)/E2(347) & $2.7 \times 10^{-5}$ & $2.6 \times 10^{-4}$ & 0.10 & Collective effect? \\
\hline
$\gamma_2$ modes & E2/M1 & & & & Mostly M1 \\
\hline
$\gamma_2$, $\gamma_3$ & E2(2159)/M1(826) & 0.026 & 0.176 & 0.15 & \\
\hline
\end{tabular}

Table 16.2: Comparison of measurements of the decay rates for the $\gamma$ transition rates for the decay photons of $^{60}$Ni that are generated from the most probable $\beta$ decay of $^{60}$Co.

16.5 Angular Distribution and Polarization Measurements

Not covered in NERS312. Parts were covered earlier.
16.6 Internal Conversion

We discussed previously, that $0^+ \rightarrow 0^+$ transitions can not occur via electromagnetic $\gamma$ transitions. This is because the electromagnetic operator does not have an $l = 0$ component, since the photon’s intrinsic spin is $s = 1$. However, there is an electromagnetic process that can cause a $0^+ \rightarrow 0^+$ transition, a process called internal conversion.

The classical visualization is that an electron (predominantly a K-shell electron) enters the nucleus, feels the electromagnetic force from a nucleon in an excited states, or a collection of nucleons in an excited states, and acquires enough energy to liberate the electron from the nucleus cause the nucleus to transition to a lower energy level. The nucleus, as a whole, recoils to conserve momentum.

The quantum mechanical picture is similar, and is depicted graphically in Figure 16.7.

Figure 16.7: The Quantum Mechanical description of internal conversion.

We’ve learned that, whether we’re adapting classical electrodynamics to quantum electrodynamics, or if we are starting with a more rigorous Fermi Golden Rule #2 approach, that the
most important part, and the least known part, is the calculation of the transition matrix element, $\mathcal{M}^{i-f}$.

For internal conversion, the matrix element is:

$$\mathcal{M}^{i-f}_{\text{ic}} = \langle \psi^f_{N} \psi^\text{free} \psi^\text{bound} \psi^i_{N} | O_{\text{em}} | \psi^i_{N} \psi^f_{N} \rangle .$$

(16.40)

This is to be compared with the matrix element for $\gamma$ transitions:

$$\mathcal{M}^{i-f}_{\gamma} = \langle \psi^f_{N} \psi^\text{free} \psi^\text{nuc} | O_{\text{em}} | \psi^i_{N} \psi^f_{N} \rangle .$$

(16.41)

Note the similarity between the matrix elements. They contain many physical similarities, that are accompanied by mathematical similarity. In fact, every $\gamma$ decay is in competition with internal conversion (more on this later). The only one that stand alone is a $0^+ \rightarrow 0^+$ internal conversion, that has no $\gamma$ counterpart.

**Internal conversion, $\beta$ decay and internal conversion energetics**

When a nucleus in an excited state decays, it does so via $\alpha$ decay, $\beta$ decay, or $\gamma$ decay. Often a decay can proceed via more than one decay channel, and the daughter, and her progeny, can decay as well. A particular interesting case, from the standpoint of measurement, is when $\beta$ decay and internal conversion happen in close temporal proximity. For example:

$$^{203}_{80}\text{Hg}_{123} \rightarrow ^{203}_{81}\text{Tl}^{*}_{122} + e^- + \nu \rightarrow ^{203}_{81}\text{Tl}_{122} + e^- \ (\text{IC}) .$$

Thus, a measurement of the electrons being emitted by radioactive $^{203}_{80}\text{Hg}_{123}$, sees both $\beta$ decay electrons, as well as IC electrons. However, the signatures of both of these processes are very distinct. The $\beta$ decay electrons give a continuous energy spectrum, while the IC electrons are seen as sharp lines on the $\beta$ spectrum, at the energies of the nuclear transition (less recoil).

Generally, the energy of the kinetic electron is given by:

$$T_e = \frac{Q - B}{1 + m_e/m_{X'}} .$$

(16.42)

The denominator term is usually ignored. (It is about a $1/(2000 \times A)$ correction.) The $B$ term is the binding energy of the converted electron. This can not be ignored, and depends upon the atomic shell from which the electron was converted.

For our specific example, $Q = 279.910$, and:
### 16.6. INTERNAL CONVERSION

<table>
<thead>
<tr>
<th>X-ray notation</th>
<th>spectroscopic notation</th>
<th>$B$ (keV)</th>
<th>$T_e$ (keV)</th>
</tr>
</thead>
<tbody>
<tr>
<td>K</td>
<td>$1s_{1/2}$</td>
<td>85.529</td>
<td>193.661</td>
</tr>
<tr>
<td>L(_I)</td>
<td>$2s_{1/2}$</td>
<td>15.347</td>
<td>263.843</td>
</tr>
<tr>
<td>L(_{II})</td>
<td>$2p_{1/2}$</td>
<td>14.698</td>
<td>264.492</td>
</tr>
<tr>
<td>L(_{III})</td>
<td>$2p_{3/2}$</td>
<td>12.657</td>
<td>266.533</td>
</tr>
<tr>
<td>M(_I)</td>
<td>$3s_{1/2}$</td>
<td>3.704</td>
<td>275.486</td>
</tr>
</tbody>
</table>

### Internal conversion contribution to decay rate

As mentioned previously, since $\gamma$ decay and internal conversion both contribute to the electromagnetic decay rate, we can write the total decay rate as a sum of the processes, in increasing specificity:

$$\lambda_{em} = \lambda_\gamma + \lambda_e,$$  \hfill (16.43)

where $\lambda_\gamma$ is the $\gamma$ transition rate, and $\lambda_e$ is the internal conversion transition rate.

In terms of the ratio, $\alpha \equiv \lambda_e/\lambda_\gamma$,

$$\lambda_{em} = \lambda_\gamma (1 + \alpha)$$

or

$$\lambda_{em} = \lambda_\gamma + \lambda_{eK} + \lambda_{eL} + \lambda_{eM} \cdots$$

or

$$\lambda_{em} = \lambda_\gamma (1 + \alpha_K + \alpha_L + \alpha_M \cdots)$$

or

$$\lambda_{em} = \lambda_\gamma (1 + \alpha_K + \alpha_{L_{II}} + \alpha_{L_{III}} + \alpha_{M_{I}} \cdots)$$  \hfill (16.44)

Using hydrogenic wavefunctions, we may estimate:

$$\alpha(El) \doteq \frac{Z^3}{n^3} \left( \frac{l}{l+1} \right) \alpha^4 \left( \frac{2m_e c^2}{E_\gamma} \right)^{l+5/2}$$

$$\alpha(Ml) \doteq \frac{Z^3}{n^3} \alpha^4 \left( \frac{2m_e c^2}{E_\gamma} \right)^{l+3/2}$$  \hfill (16.45)

The trends that are predicted, all verified by experiment, are:

<table>
<thead>
<tr>
<th>$\sigma l$</th>
<th>$E_\gamma$</th>
<th>$l$</th>
<th>$n$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\uparrow$</td>
<td>$\uparrow$</td>
<td>$\downarrow$</td>
<td>$\downarrow$</td>
</tr>
</tbody>
</table>
Problems and Projects

Review-type questions

1. Derive (16.6) and (16.7).
2. Show (16.8).
3. Find an expression for the classical, static quadruple moment. Using a simple example, show that it has the expected parity.

Exam-type questions

1. Nucleus $A$ decays to its ground state with a known $Q$-value.
   
   (a) Show that, if one accounts for nuclear recoil non-relativistically, that $E_\gamma$ and $Q$ are related by:
   
   $$E_\gamma = \frac{2Q}{1 + \sqrt{1 + \frac{2Q}{m_A c^2}}}.$$  
   (16.46)
   
   (b) For typical gamma decay energies, (16.46) is often approximated by:
   
   $$E_\gamma = Q \left(1 - \frac{Q}{2m_A c^2}\right).$$  
   (16.47)
   
   Discuss how this approximation is obtained and derive (16.47).
   
   (c) Show that the fully relativistic expression for (16.46) is:
   
   $$E_\gamma = \frac{Q \left(1 + \frac{Q}{2m_A c^2}\right)}{1 + \frac{Q}{m_A c^2}}.$$
2. The energy-level scheme drawn below, represents some of the low-lying levels of $^{120}$Te. The number to the left of each line represents the level of the excited state, with $(0)$ being the ground state. The number to the right is the known $I^\pi$ for that level. For example, the level labeled ‘(3)’ has $I^\pi = 4^+$. 

(a) In the energy-level scheme below, use vertical lines to connect all the possible electromagnetic transitions.

(b) Refer to the chart on the previous page. Then, in the table below, fill in all the empty boxes. Please follow the example given for the $(1) \rightarrow (0)$ transition.

**Column 1** The level transition,

**Column 2** The starting $I^\pi$,

**Column 3** The ending $I^\pi$,

**Column 4** Whether or not a parity change occurs,

**Column 5** All possible EL, ML or IC transitions. Using square brackets, [ ], indicate which is the most probable $\gamma$-transition. If two $\gamma$-transitions can compete for most probable, indicate so by bracketing them both.
<table>
<thead>
<tr>
<th>Transition</th>
<th>$I_i^\pi$</th>
<th>$I_f^\pi$</th>
<th>$\Delta\pi$?</th>
<th>M-poles</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1) $\rightarrow$ (0)</td>
<td>2$^+$</td>
<td>0$^+$</td>
<td>no</td>
<td>[E2] IC</td>
</tr>
</tbody>
</table>
3. (a) Explain the importance of observing and measuring $\gamma$-decay transitions with respect to understanding nuclear structure. Be sure to mention multipolarity, parity, orbital angular momentum, electric and magnetic transitions. In your discussion, describe how the multipolarity and parity change of a $\gamma$-decay transition is determined experimentally.

(b) Sort, in order of decreasing electromagnetic decay probabilities, the electric and magnetic multipole transitions for the $\Delta \pi = yes$ transitions. Then, do the same for the $\Delta \pi = no$ transitions. Under what circumstances will a higher order multiple compete with the decay rate of a lower order multipole?

(c) A $0^+ \rightarrow 0^+$ transition can not decay through the release of a single gamma. Why not? If there are no intermediate states between the two $0^+$ levels, how can this nucleus de-excite electromagnetically? Make a drawing that illustrates this process.

(d) $^{60}\text{Co}$ decays via the following scheme:
   Figure to be supplied...
   
   i. What is the probable nature (order of multipolarity, electric or magnetic) of the $4^+ \rightarrow 2^+$ and the $2^+ \rightarrow 0^+$ transitions?
   ii. Is the $4^+ \rightarrow 0^+$ transition possible? Why?

4. A nucleus with atomic mass $M_X$ has two excited levels, $E_1$ and $E_2$, where $E_2 > E_1$. It can de-excite to the ground state via a single $\gamma$ decay with energy $E_a$, or via a pair of gammas, with energies $E_b$ and $E_c$. You have made measurements of the 3 gammas.

   (a) Draw the decay scheme.
   (b) You observe that $E_a \neq E_b + E_c$. Why?
   (c) Develop, from first principles, an expression for $E_b + E_c - E_a$. 