

Detroit Hustle



For Beginners

Popular Pre-Bronze and Bronze Figures

Dancers Notes © 2002
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Detroit Style Hustle

Man		Rocks/ Rhythm Basic						
S t e p	B e a t	Position			A m o u n t O f T u r n	A l i g n - m e n t o f f o o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	D a n c e	H a n d - h o l d				
*	*	Weight on RT Foot	Open Facing	4 Hand Hold	**	*	***	Commencing Position
1	1	LF Fwd	Open Facing	4 Hand Hold	-	Facing Wall	BF	
2	2	RF slt Back	Open Facing	4 Hand Hold	-	Backing Center	BF	
3	&	L toe to R heel	Open Facing	4 Hand Hold	-	Backing Center	B	
4	3	RF slt Fwd	Open Facing	4 Hand Hold	-	Facing Wall	H	

Detroit Style Hustle

Rocks/ Rhythm Basic								Lady
S t e p	B e a t	Position			A m o u n t O f T u r n	A l i g n m e n t o f f o o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	B o d y	H a n d - h o l d				
*	*	Weight on Left Foot	3,12,6	4 Hand Hold	**	*	***	Commencing Position
1	1	RF Fwd	1,12,6	4 Hand Hold	-	Facing Center	BF	
2	2	LF slt Back	1½,12,6	4 Hand Hold	-	Backing Wall	BF	
3	&	R toe to L heel	3,12,6	4 Hand Hold	-	Backing Wall	B	
4	3	LF Fwd	1½,12,6	4 Hand Hold	-	Facing Center	H	

Detroit Style Hustle

Man		Right Side Pass						
S t e p	B e a t	Position			A m o u n t O f T u r n	A l i g n m e n t o f f o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	D a n c e	H a n d - h o l d				
*	*	Weight on RT Foot	Open Facing	4 Hand Hold	**	*	***	Commencing Position
1	1	LF Fwd	Open Facing	4 Hand Hold	-	Facing Wall	BF	
2	2	RF slt Back	Open Facing	4 Hand Hold	-	Backing Center	BF	
3	&	L toe To R heel	Open Facing	4 Hand Hold	-	Backing Center	B	
4	3	RF fwd & slt across	Right Outside Partner	4 Hand Hold	Com R	Facing Wall	H	R Side Leading
5	4	LF side		4 Hand Hold	¼ R	A-LOD	BF	A-LOD= Against Line Of Dance
6	5	RF back & slt X*		4 Hand Hold	¼ R	Backing Wall	B or BF	*X=across
7	&	L toe to R heel	Open Facing	4 Hand Hold	-	Backing Wall	B	
8	6	RF slt Fwd	Open Facing	4 Hand Hold	-	Facing Center	H	

Leads:

Step 5. Bring your Left hand slightly inward towards your body (waist) and extend right hand rightwards (outwards) to the side.

Step 6. Lead into step 6 by bringing both hands straight out

Note: If figure is commenced in 1 hand hold (mans L, ladies R) and a 4-hand hold is desired, take the ladies Left hand in mans Right on step 5.

Detroit Style Hustle

Right Side Pass								Lady
S t e p	B e a t	Position			A m o u n t O f T u r n	A l i g n - m e n t o f f o o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	B o d y	H a n d - h o l d				
*	*	Weight on Left Foot	3,12,6	4 Hand Hold	**	*	***	Commencing Position
1	1	RF fwd (small)	1,12,6	4 Hand Hold	-	Facing Center	BF	
2	2	LF slt back	1½,12,6	4 Hand Hold	-	Backing Wall	BF	
3	&	R toe to L heel	4,12,6	4 Hand Hold	-	Backing Wall	B	
4	3	LF fwd & slt to L	1½,1:30 ,6	4 Hand Hold	-	Facing Center	H	R side Leading
5	4	RF fwd	2,2,4	4 Hand Hold	1/8 R	Diag Center	BF	
6	5	LF side & slt back	3,12,6	4 Hand Hold	3/8 R	Backing Center	BF	
7	&	R toe to L heel	4,12,6	4 Hand Hold	-	BC	B	
8	6	LF slt fwd	1½,12,6	4 Hand Hold	-	Facing Wall	H	

Detroit Style Hustle

Man		Ladies Left Underarm Turn						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Foot-work	Description
		Foot	Dance	Hand-hold				
*	*	Weight on RT Foot	Open Facing	4 Hand Hold	**	*	***	Commencing Position
1	1	LF Fwd	Open Facing	4 Hand Hold	-	Facing Wall	BF	
2	2	RF slt Back	Open Facing	4 Hand Hold	-	Backing Center	BF	
	&	L toe To R heel	Open Facing	4 Hand Hold	-	Backing Center	B	
	3	RF fwd & slt across	Right Outside Partner	4 Hand Hold	Com R	Facing Wall	H	R Side Leading ¼ R
	4	LF side		1 Hand Hold	Ae a d¼ Rn g e A 6i1895 Tc 0 T075 0.75 re/ 5.25 TD 0.0513 TcD 0 T075 0.75 re/ 5.25 g			

e TjA5.25 03 0 TD 0.11519 Tc 0& .289X*513 Tc74 R

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Detroit Style Hustle

Ladies Left Underarm Turn								Lady
S t e p	B e a t	Position			Amount Of Turn	Align- ment of foot	Foot- work	Description
		Foot	Body	Hand- hold				
*	*	Weight on Left Foot	3,12,6	4 Hand Hold	**	*	***	Commencing Position
1	1	RF fwd (small)	1,12,6	4 Hand Hold	-	Facing Center	BF	
2	2	LF slt back	1½,12,6	4 Hand Hold	-	Backing Wall	BF	
3	&	R toe to L heel	4,12,6	4 Hand Hold	-	Backing Wall	B	
4	3	LF fwd & slt across	1½,12,4	4 Hand Hold	Com L	Facing Center	H	L side Leading
5	4	RF side	1½,1:30 ,12	1 Hand Hold	1/4 L	A-LOD	BF	
6	5	LF slt back	3,12,6		1/4 L	Backing Center	BF	
7	&	R toe to L heel	4,12,6	4 Hand Hold	-	BC	B	
8	6	LF slt fwd	1½,12,6	4 Hand Hold	-	Facing Wall	H	

Detroit Style Hustle

Man		Mans Left Underarm Turn						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Foot-work	Description
		Foot	Dance	Hand-hold				
*	*	Weight on RT Foot	Open Facing	4 Hand Hold	**	*	***	Commencing Position
1	1	LF Fwd	Open Facing	4 Hand Hold	-	Facing Wall	BF	
2	2	RF slt Back	Open Facing	4 Hand Hold	-	Backing Center	BF	
3	&	L toe To R heel	Open Facing	4 Hand Hold	-	Backing Center	B	
4	3	RF fwd & across	Rt outside partner	4 Hand Hold	-	Facing Wall	BF	R Side Leading
5	4	LF Fwd		1 Hand Hold	1/8 L	Diagonal Wall	H	
6	5	RF back		++	3/8 L	Backing Wall	BF	++ Take ladies Left hand in mans Right
7	&	L toe to R heel	Open Facing	4 Hand Hold	-	Backing Wall	B	
8	6	RF slt Fwd	Open Facing	4 Hand Hold	-	Facing Center	H	

Lead:

Step 4- Raise Right arm while placing ladies Right hand on gentlemans Right hip

Step 5- Allow ladies Right hand to slide along waist as man turns under ladies left arm (mans right arm).

Detroit Style Hustle

Mans Left Underarm Turn								Lady
S t e e p	B e a t	Position			A m o u n t O f T u r n	A l i g n m e n t o f f o o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	B o d y	H a n d - h o l d				
*	*	Weight on Left Foot	3,12,6	4 Hand Hold	**	*	***	Commencing Position
1	1	RF fwd (small)	1,12,6	4 Hand Hold	-	Facing Center	BF	
2	2	LF slt back	1½,12,6	4 Hand Hold	-	Backing Wall	BF	
3	&	R toe to L heel	4,12,6	4 Hand Hold	-	Backing Wall	B	
4	3	LF fwd & slt to L	2,12,7	4 Hand Hold	-	Facing Center	H	R side Leading
5	4	RF fwd	1½,6,9	1 Hand Hold	1/8 R	Diag Center	H	
6	5	LF side & slt back	3,12,6		3/8 R	Backing Center	BF	
7	&	R toe to L heel	4,12,6	4 Hand Hold	-	BC	B	
8	6	LF slt fwd	1½,12,6	4 Hand Hold	-	Facing Wall	H	

Detroit Style Hustle

Man		Sling						
S t e p	B e a t	Position			A m o u n t O f T u r n	A l i g n - m e n t o f f o o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	D a n c e	H a n d - h o l d				
*	*	Weight on RT Foot	Open Facing	4 Hand Hold	**	*	***	Commencing Position
1	1	LF Fwd & Slit across	Open Facing	4 Hand Hold	-	Facing Wall	BF	
2	2	RF slit Back & side	Open Facing	4 Hand Hold	-	Backing Center	BF	
3	&	LF slit across	Open Facing	4 Hand Hold	-	Facing Wall	BF	Release ladies Left hand
4	3	RF slit back	Open Facing	1 Hand Hold	1/8 R	Backing DC	BF	
5	4	LF side	Open Facing	1 Hand Hold	1/8 R	Facing A-LOD	BF	
6	5	RF in place	Sling	1 Hand Hold	-	Facing A-LOD	BF	R hand on ladies back
7	&	No Weight change	Sling	1 Hand Hold	-	Facing A-LOD	-	LF pointing Wall
8	6	No Weight Change	Sling	1 Hand Hold	-	Facing A-LOD	-	

Detroit Style Hustle

Sling								Lady
S t e p	B e a t	Position			A m o u n t O f T u r n	A l i g n - m e n t o f f o o t	F o o t - w o r k	D e s c r i p t i o n
		F o o t	B o d y	H a n d - h o l d				
*	*	Weight on Left Foot	3,12,6	4 Hand Hold	**	*	***	Commencing Position
1	1	RF fwd	3,12,6	4 Hand Hold	-	Facing Center	BF	
2	2	LF slt back	3,10:30, 4:30	4 Hand Hold	1/8 L	Backing Diag Wall	BF	
3	&	R toe to L heel	3½, 10:30, 4:30	4 Hand Hold	-	Backing DW	B	
4	3	LF fwd & slt across	3,10:30, 4:30	1 Hand Hold	-	Facing DC A-LOD	H	Right Side leading
5	4	RF fwd & slt across	1,2,4:30	1 Hand Hold	1/8 R	Facing Center	H	
6	5	LF side & slt back	1,2,9	1 Hand Hold	½ R	Backing Center	BF	
7	&	R toe to L heel	1,3,9	1 Hand Hold	-	BC	B	
8	6	LF fwd	1,1,9	1 Hand Hold	-	Facing Wall	H	

Detroit Style Hustle Dancing



For Beginners

Hustle dancing, in all its forms is probably the most exciting, innovative, and useful of the partner dances to know and dance. In particular, the Detroit Style Hustle has maintained the high energy, fast past which made the traditional disco hustle so exciting. Today this hustle can be danced to popular 'Techno' music, and almost anything labeled 'Dance Mix' in modern CD stores or clubs. If for no other reason than this, this dance should be included in any intermediate or better dancers arsenal.