

# Jive

**Style: International Style**

**Category: Latin-American**

**Rhythm:** 4/4 time (Accent on 1 and 3, 1 stronger)

**Tempo:** 44-46 Bars per minute (Competition)

40-46 Bars per minute (Social)

**Phrasing:** 4 Bar Phrasing most common

8 Bar Phrasing also possible

## HISTORY:

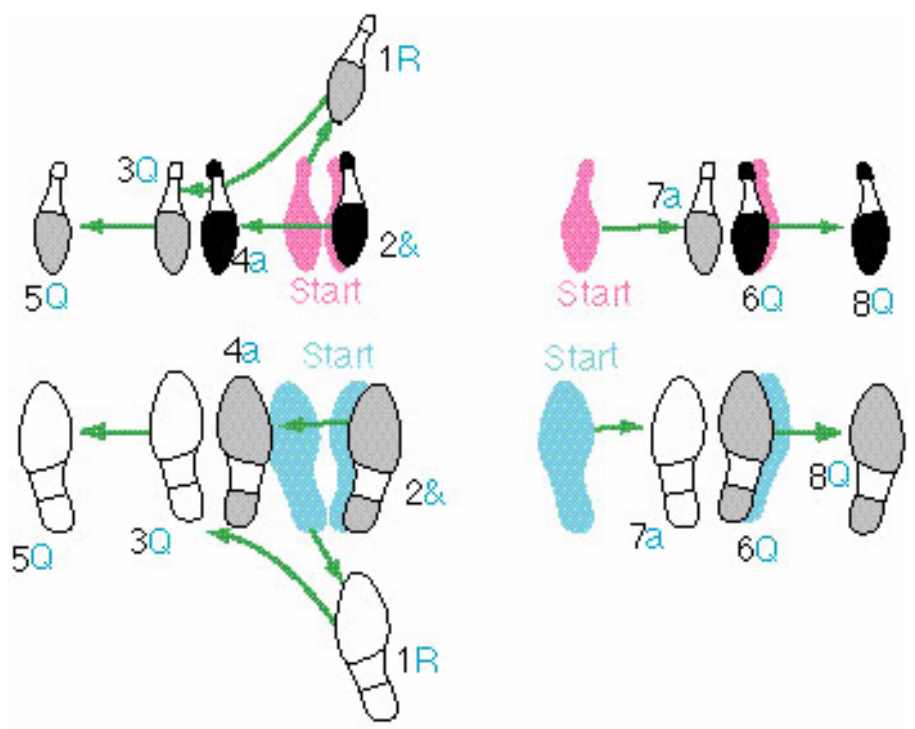
Jive is a 'Swing Dance', originally derived from the Lindy-Hop and Jitterbug.

Lindy-Hop (the Grand-daddy of all Swing) was born in the 1920's in America. Heavily influenced by traditionally African-American dance styles, it was danced to a combination of Jazz & Big-Band Music. It was hugely popular in the US in derivative forms such as Jitterbug and swing. During World-War 2 the American GI's were transported in large numbers to England and the American Swing was adopted by the British teens (especially young ladies) who had danced it with GI's during the war.

When the war ended, the soldiers left but the dance stayed. Over the next several generations Jive adapted from American Jazzy-feeling music to higher energy British-pop. Adopted as a 'Competitive Dance' among Ballroom-dancers anxious to dance to more 'popular' music, the energy level and speed was kicked up another notch. With a focus on flash and speed, the Jive seems to bear little resemblance to its laid-back Lindy-Hop roots.

# Man Fallaway Rock

Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Fallaway		1/8 L	Backing DC A-LOD	Turn lady to RT	
2	2	Replace weight fwd to RF	Promenade		Com R		Com Turn lady L	
3	3	LF side*, Small step			1/8 R bet 2&5	Facing DW		*Not full Weight
4	'a'	RF Close halfway to LF			+	Facing DW		Steps 3-5 are a Chasse to Left
5	4	LF side, Small step	Closed		+	Facing Wall		
6	5	RF side*, Small step	Closed		No turn	Facing Wall		*Not full Weight
7	'a'	LF Close halfway to RF	Closed		No turn	Facing Wall		Steps 6-8 are a Chasse to Right
8	6	RF side, Small step	Closed		No turn	Facing Wall		



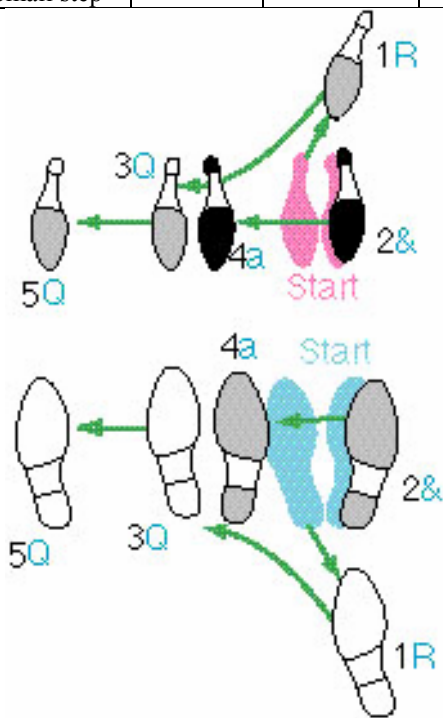
**Fallaway Rock 1st**

**Fallaway Rock 2nd**

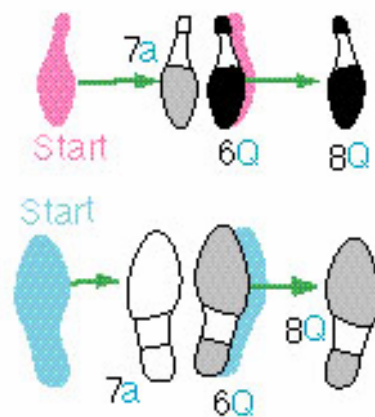
# Fallaway Rock

Lady

Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		1/8 R	Backing DW A-LOD	
2	2	Replace weight fwd to LF		Com L		
3	3	RF side*, Small step		1/8 L bet 2&5	Facing DC	*Not full Weight
4	'a'	LF Close halfway to RF		+	Facing DC	Steps 3-5 are a Chasse to Left
5	4	RF side, Small step		+	Facing Center	
6	5	LF side*, Small step		No turn	Facing Center	*Not full Weight
7	'a'	RF Close halfway to LF		No turn	Facing Center	Steps 6-8 are a Chasse to Right
8	6	LF side, Small step		No turn	Facing Center	

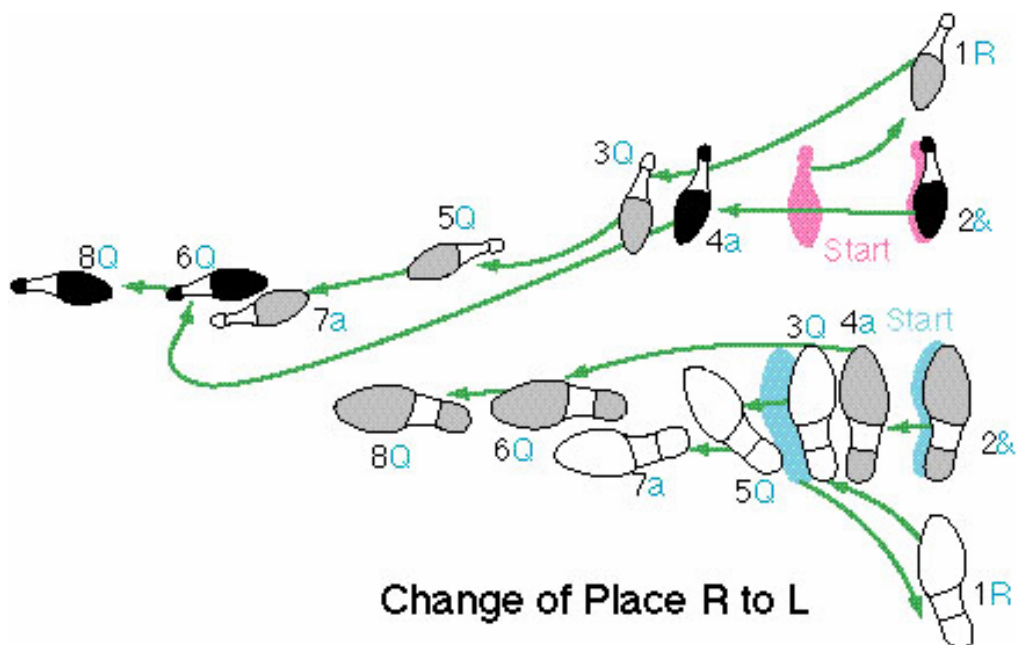


Fallaway Rock 1st



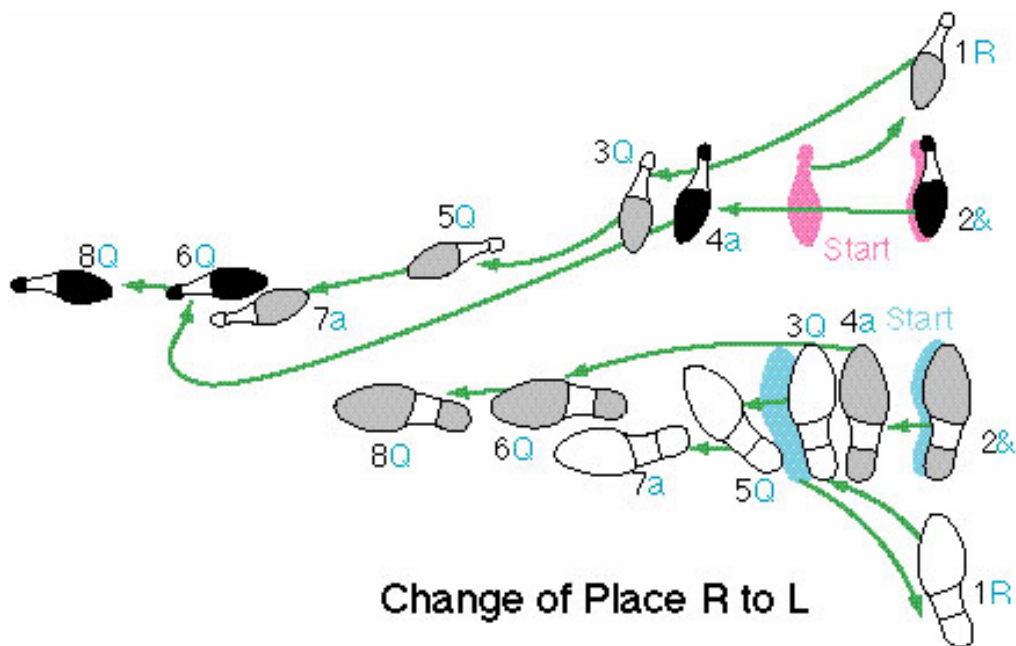
Fallaway Rock 2nd

Man		Change of Places Right to Left						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Fallaway	L to R	1/8 L	Backing DC A-LOD	Turn lady to RT	
2	2	Replace weight fwd to RF		L to R	No turn		Com Turn lady L	
3	3	LF diag fwd*, Small step		L to R	No turn	Facing DW		*Not full Weight
4	'a'	RF Close halfway to LF		L to R	No turn	Facing DW		Steps 3-5 are a Chasse
5	4	LF diag fwd, Small step		L to R	No turn	Facing DW	Raise Left hand, then use right hand to lead lady to turn right under joined hands	
6	5	RF fwd*, Small step		L to R	1/8 L bet 5&6	Facing LOD	Lower joined hands	*Not full Weight
7	'a'	LF Close halfway to RF		L to R	No turn	Facing LOD		Steps 6-8 are a Chasse
8	6	RF fwd, Small step	Open Facing	L to R	No turn	Facing LOD		

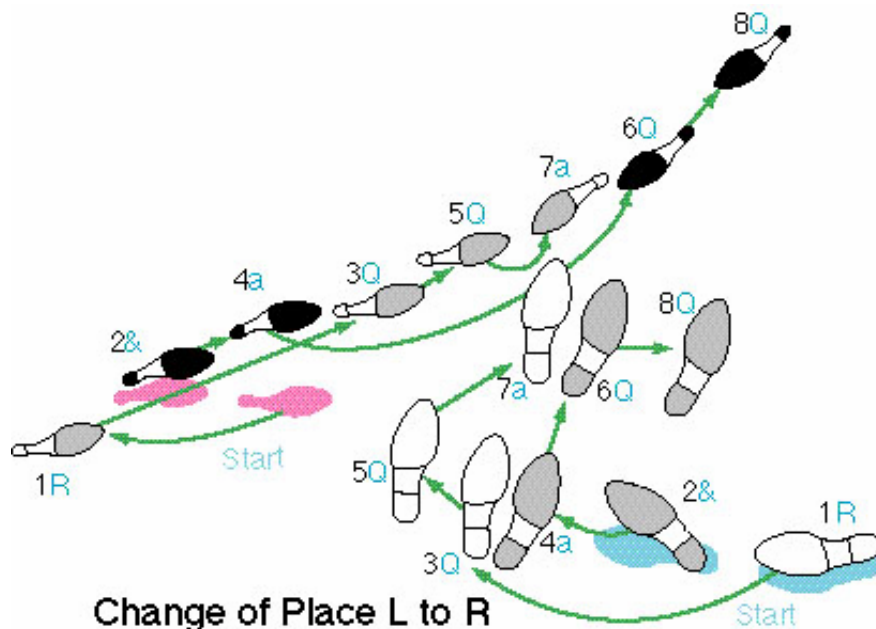


# Change of Places Right to Left Lady

Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		1/8 R	Backing DW A-LOD	
2	2	Replace weight fwd to LF		Com L	Facing DC	Body turns to left on 2&3 to 'tuck in'
3	3	RF side*, Small step		1/4 L bet 2&3	Facing Center	*Not full Weight
4	'a'	LF Close halfway to RF		No Turn	Facing Center	Steps 3-5 are a Chasse to Left
5	4	RF side, Small step		Com R	Com: Facing Center	Swivel right on RF to face man between 5&6
6	5	LF diag back*, Small step		Swivel 3/4 R on RF bet 5&6	Backing LOD	Release right hand from mans shoulder
7	'a'	RF Close halfway to LF		No turn	Backing LOD	Steps 6-8 are a Chasse to Right
8	6	LF diag back, Small step		No turn	Backing LOD	

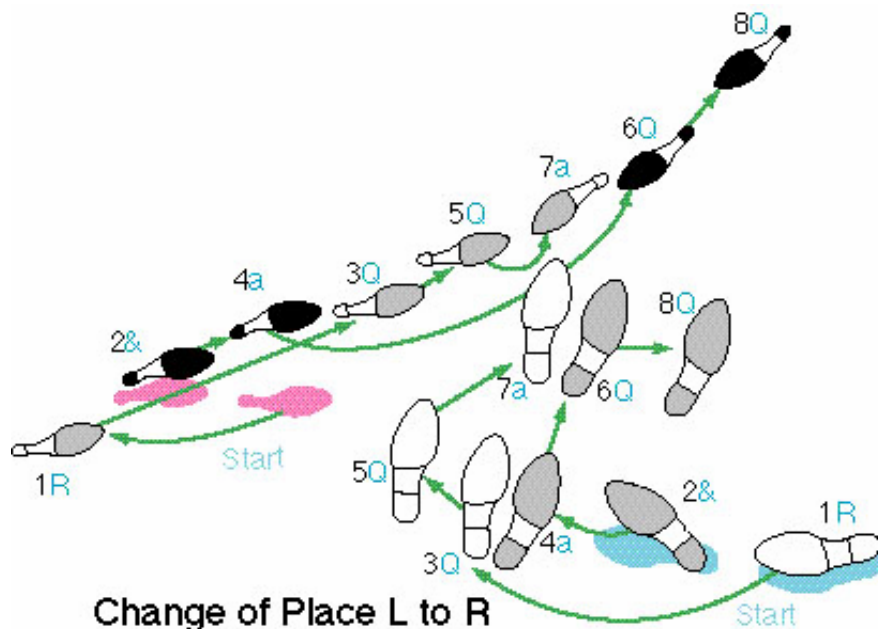


Man		Change of Places Left to Right						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Open Facing	L to R	No turn	Backing A-LOD	Extend L hand slightly	
2	2	Replace weight fwd to RF		L to R	No turn	Facing LOD	Retract L hand slightly	
3	3	LF almost close to RF*		L to R	No turn	Facing LOD	Raise Left hand	*Not full Weight
4	'a'	Replace RF in place		L to R	No turn	Facing LOD	lead lady to turn right under joined hands by circling LH counter-clockwise	Steps 3-5 are a Compact Chasse
5	4	Replace LF in place		L to R	No turn	Facing LOD	Lower joined hands as lady finished turn	
6	5	RF fwd*, Small step	Open Facing	L to R	1/4 R bet 5&6	Facing Wall		*Not full Weight
7	'a'	LF Close halfway to RF	Open Facing	L to R	No turn	Facing Wall		Steps 6-8 are a Fwd Chasse
8	6	RF fwd, Small step	Open Facing	L to R	No turn	Facing Wall		

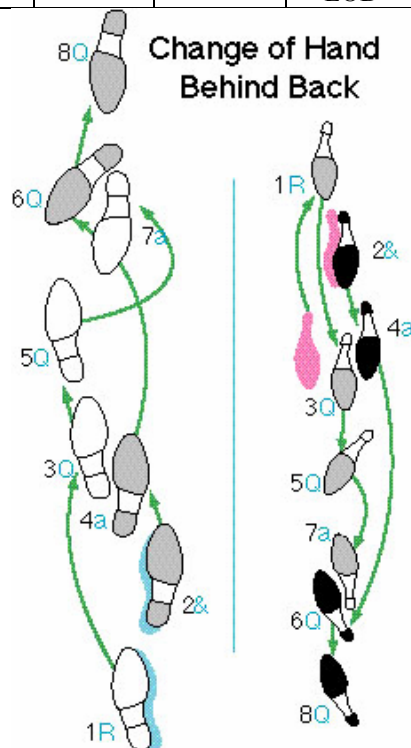


# Change of Places Left to Right Lady

Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		No Turn	Backing LOD	
2	2	Replace weight fwd to LF		No Turn	Facing A-LOD	
3	3	RF diag fwd, Small step		Com L under joined arms	Com: Facing A-LOD	
4	'a'	LF Close halfway to RF		1/2 L over 3-5	*	Steps 3-5 are a turning Chasse to Left
5	4	RF diag fwd, Small step		*	End: Backing A-LOD	
6	5	LF diag back*, Small step		1/8 L bet 5&6	Backing DW A-LOD	Release right hand from mans shoulder
7	'a'	RF Close halfway to LF		No turn	Backing DW A-LOD	Steps 6-8 are a Chasse to Right
8	6	LF diag back, Small step		No turn	Backing DW A-LOD	

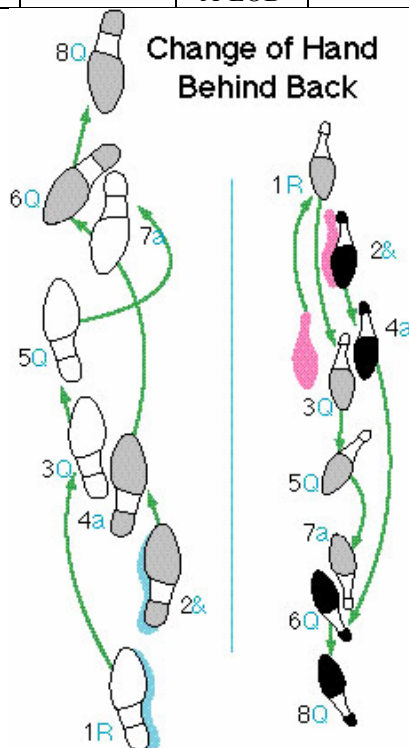


Man <b>Change of Hands Behind Back</b>								
Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Open Facing	L to R	No turn	Backing A-LOD	Extend L hand slightly	
2	2	Replace weight fwd to RF		L to R	No turn	Facing LOD	Retract L hand slightly	
3	3	LF fwd*, Small step		L to R	*	Com: Facing LOD	Place your Right hand over ladies R hand	*Not full Weight
4	'a'	RF Close halfway to LF		L to R	1/8 L over 3-5	*		Steps 3-5 are a Fwd Chasse towards ladies right side
5	4	LF fwd, Small step		L to R	*	End: Facing DC	Man releases hold with his left hand	
6	5	RF side*, Small step		R to R	*	Facing DC A-LOD	Pass joined hand behind mans back	*Not full Weight
7	'a'	LF Close halfway to RF		L to R	3/8 L over 3-5	Backing LOD	Take Ladies R hand in your L hand	Steps 6-8 are a turning Chasse
8	6	RF back, Small step	Open Facing	L to R	*	Backing LOD		



# Change of Hands Behind Back Lady

Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		No Turn	Backing LOD	
2	2	Replace weight fwd to LF		No Turn	Facing A-LOD	
3	3	RF fwd, Small step		*	Com: Facing A-LOD	
4	'a'	LF Close halfway to RF		1/8 R over 3-5		Steps 3-5 are a forward Chasse
5	4	RF fwd, Small step		*	End: Facing DC A-LOD	
6	5	LF side, Small step		*	Com: Backing Wall	
7	'a'	RF Close halfway to LF		3/8 R over 6-8		Steps 6-8 are a turning Chasse to Left
8	6	LF back, Small step		*	End: Backing A-LOD	



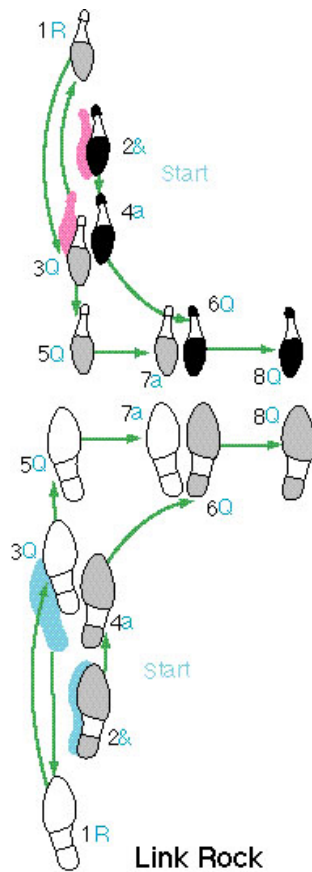
Man		American Spin						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Open Facing	R to R	No turn	Backing A-LOD	Extend L hand slightly	Preceed step 1 with hand-change to 'Handshake' hold
2	2	Replace weight fwd to RF	Open Facing	R to R	No turn	Facing LOD	Retract L hand slightly	
3	3	Close LF to RF, slt fwd	Open Facing	R to R	No turn	Facing LOD	Move R hand to R to Lead lady to turn left	
4	'a'	RF step in place	Open Facing	R to R	No turn	Facing LOD		3-5 are a compact Chasse
5	4	LF in place	Open Facing	R to R, release hold at end of 5	No turn	Facing LOD	Hold R hand in place to stop ladies R turn.	There is compression in right arm, but no push.
6	5	RF step in place	Open	No Hold	No turn	Facing LOD	Slight impulse for lady to spin to R	
7	'a'	LF step in place	Open		No turn	Facing LOD		6-8 are a compact Chasse
8	6	RF step in place	Open Facing	Regain L to R on 8	No turn	Facing LOD	Catch ladies R hand in mans L hand as she turns.	

# American Spin

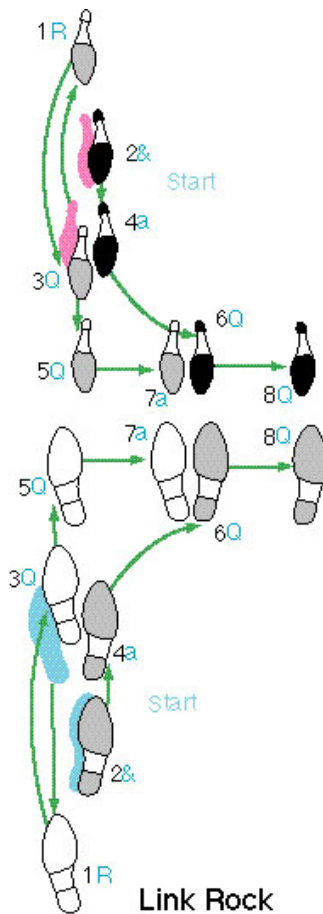
Lady

Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		No Turn	Backing LOD	Rock Step
2	2	Replace weight fwd to LF		No Turn	Facing A-LOD	
3	3	RF fwd, Small step		No Turn	Facing A-LOD	
4	'a'	LF Close halfway to RF		No Turn	Facing A-LOD	3-5 are a Forward Chasse
5	4	RF fwd, Small step		No Turn, then spin ½ to R on RF at end of 5	Com: Facing A-LOD End: Facing LOD	Step 5 spins/pivots half a turn to right on ball of right foot AFTER step and weight is transferred onto RF.
6	5	LF diag back, Small step		*	Com: Facing LOD	Most of turn between 6 and 8 should occur over 6 and 7.
7	'a'	RF Close halfway to LF		½ Right over 6-8	End: Backing LOD	6-8 are a back chasse
8	6	LF diag back, Small step		*	Backing LOD	

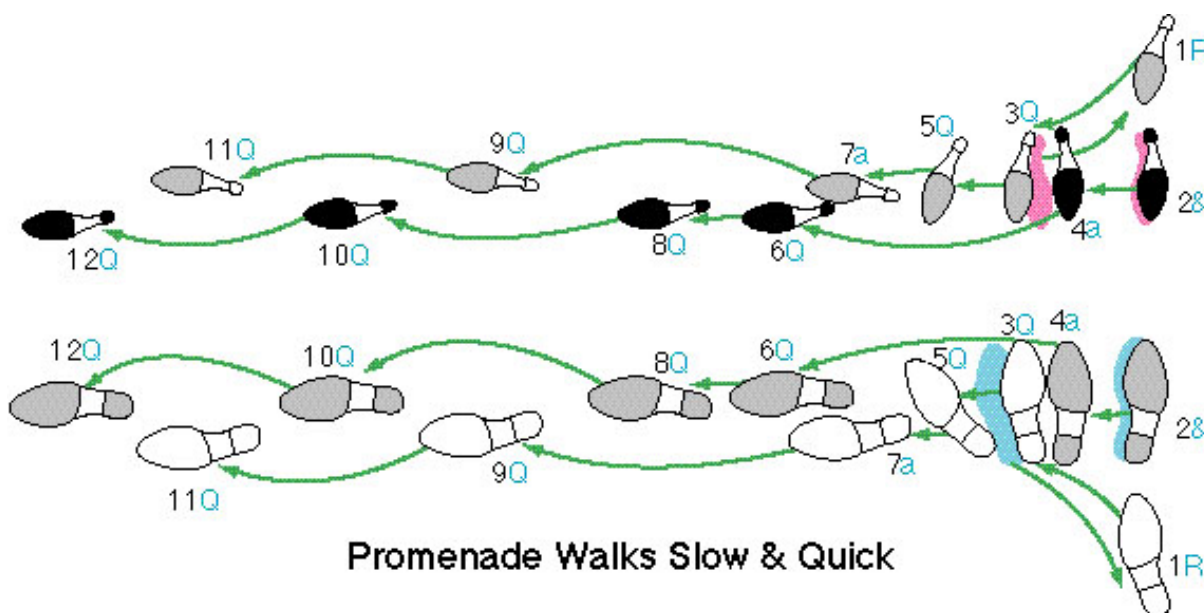
Man		Link						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Open Facing	L to R	No turn	Backing Center	Extend L hand slightly	
2	2	Replace weight fwd to RF	Open Facing	L to R	No turn	Facing Wall	Retract L hand slightly	
3	3	RF fwd, Small step	Open Facing	L to R	No turn	Facing Wall		*Not full Weight
4	'a'	LF Close halfway to RF	Open Facing	L to R	No turn	Facing Wall		Steps 3-5 are a Forward Chasse
5	4	RF fwd, Small step	Closed	L to R	No turn	Facing Wall	Replace R hand taking closed position	
6	5	RF side*, Small step	Closed	L to R	No turn	Facing Wall		*Not full Weight
7	'a'	LF Close halfway to RF	Closed	L to R	No turn	Facing Wall		Steps 6-8 are a Chasse to Right
8	6	RF side, Small step	Closed	L to R	No turn	Facing Wall		



<h1>Link</h1>						<h1>Lady</h1>
Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		No turn	Backing Wall	
2	2	Replace weight fwd to LF		No turn	Facing Center	
3	3	RF fwd, Small step		No turn	Facing Center	*Not full Weight
4	'a'	LF Close halfway to RF		No turn	Facing Center	Steps 3-5 are a Forward Chasse
5	4	RF fwd, Small step		No turn	Facing Center	
6	5	LF side*, Small step		No turn	Facing Center	*Not full Weight
7	'a'	RF Close halfway to LF		No turn	Facing Center	Steps 6-8 are a Chasse to Left
8	6	LF side, Small step		No turn	Facing Center	



Man		Jive Walks						
Step	Beat	Position			Amount Of Turn	Alignment of foot	Lead	Description
		Foot	Dance	Hold				
1	1	LF Back	Fallaway	Closed	1/8 L	Backing DC A-LOD	Turn lady to RT into fallaway position	
2	2	Replace weight fwd to RF	Promenade	Closed	No Turn,	Facing DW		
3	3,4	LF diag Fwd	Promenade	Closed	No Turn, body Turn to R	Facing DW	Lead lady to turn body L, then 'hold' 4 beat.	
4	5,6	RF forward and across in CBMP	Promenade, CBMP	Closed	No Turn, body turn to L	Facing DW	Lead lady to turn body R then 'hold' 6 beat.	Steps 3-8 are taken Facing DW by progressing along LOD
5	7	LF diag Fwd	Promenade	Closed	No Turn, body turn to R	Facing DW	Lead lady to turn body L	
6	8	RF forward and across in CBMP	Promenade, CBMP	Closed	No Turn, body turn to L	Facing DW	Lead lady to turn body R	
7	9	LF diag Fwd	Promenade	Closed	No Turn, body turn to R	Facing DW	Lead lady to turn body L	
8	10	RF forward and across in CBMP	Promenade, CBMP	Closed	No Turn, body turn to L	Facing DW	Lead lady to turn body R	



# Jive Walks

Lady

Step	Beat	Position		Amount Of Turn	Alignment of foot	Description
		Foot	Body			
1	1	RF Back		1/8 R	Backing DW A-LOD	
2	2	Replace weight fwd to LF		No turn	Facing DC	
3	3,4	RF diag Fwd		No Turn, body Turn to L	Facing DC	Steps 3-8 are taken facing DC but progressing along LOD 'Slow'
4	5,6	LF forward and across in CBMP		No Turn, body turn to R	Facing DC	'Slow'
5	7	RF diag Fwd		No Turn, body turn to L	Facing DC	'Quick'
6	8	LF forward and across in CBMP		No Turn, body turn to R	Facing DC	'Quick'
7	9	RF diag Fwd		No Turn, body turn to L	Facing DC	'Quick'
8	10	LF forward and across in CBMP		No Turn, body turn to R	Facing DC	'Quick'

