Erikson’s Concept of Identity

Identity: “the quality or condition of being the same as something else”

Psycho-social identity:

<table>
<thead>
<tr>
<th>Inner self</th>
<th>Outer self</th>
</tr>
</thead>
<tbody>
<tr>
<td>(what I feel I am)</td>
<td>(what others think I am; how they act toward me)</td>
</tr>
</tbody>
</table>

Identity crisis:

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